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QUEENS MEDICAL COLLEGE

A Project of ILI Education & Health Solutions (Pvt) Limited

11-Km Main Ferozepur Road, Kasur Contact: 0307-1060830

website: queensmedicalcollege.com email: queensmedicalcollege@gmail.com



Ihsan Mumtaz Teaching Hospital

71-E Johar Town, Molana Shoukat Ali
Road, Lahore

Contact: 042-35202130, 0307-1060830

Bhatti International Teaching Hospital

BIT Hospital, 2-Km Raiwind Road, Kasur

Contact: 049-2721872

1st Year MBBS

PROFESSIONALIS M, ETHICS, RESEARCH & LEADERSHIP SKILLS PORTFOLIO

Name of the Student:

Professional Year:

P
E
R
L
S

Student's Picture

Student Name:

Student

ID:

Email

ID:

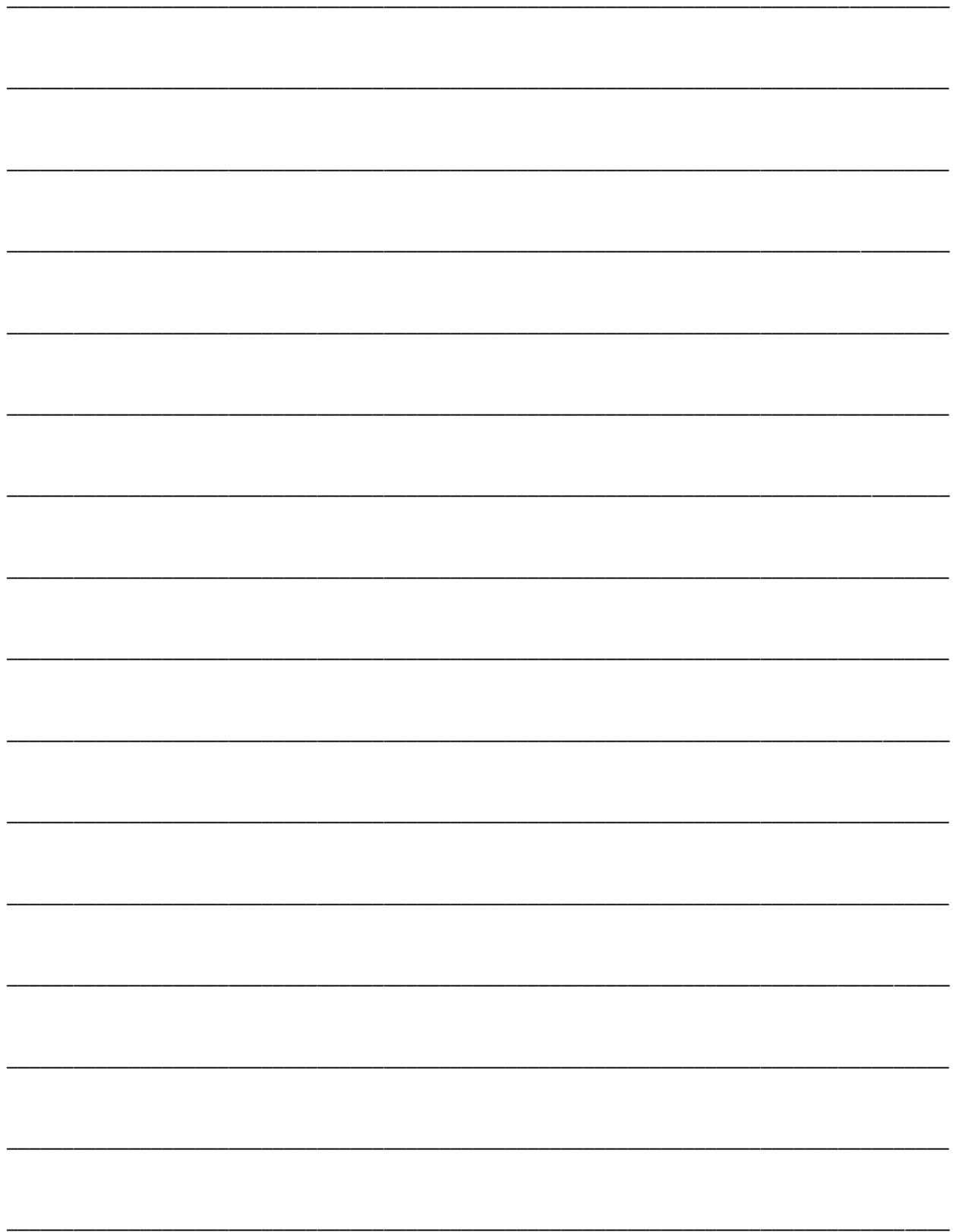
Contact

No:

Personal Statement:

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BLOCK 1

ENTRIES

BLOCK-1

Code	Domain	Attribute	Specific Learning Outcome	Topic	Portfolio Entry
PERLs-1-01	PERLs	PERLs	Describe a Portfolio Describe types of portfolios Identify Portfolio entries Write reflection based on Gibbs reflective cycle	Reflective Writing	Reflective writing on portfolio outline development
PERLs-1-02	Professionalism	Communicator	Demonstrate non-verbal and verbal communication skills. Describe principles of Communication. Discuss types of Communication at professional level. Identify different Communication Styles. Explain the importance of nonverbal communication. Demonstrate active Listening. Describe assertive Communication techniques. Describe barriers to Effective Communication.	Verbal and nonverbal Communication Skills	Communication encounter with a peer or teacher
PERLs-1-03		Responsible & Accountable	Follow the dress code and rules and regulations of the institution. Demonstrate punctuality	Responsibility towards institution and the profession	Quiz on rules and regulations of the institution
PERLs-1-04		Team player	Describe characteristics of a team Describe types of teams Discuss stages of team development Identify various team roles Discuss barriers to effective teamwork	Teamwork	Self- evaluation through reflective writing
PERLs-1-05	Ethics	Digital Citizen	Maintain personal privacy while sharing information Identify cyberbullying, harassing, and sexting Describe cybersecurity laws Discuss digital rights and responsibilities	Digital Identity & footprint	Case discussion of cyberbullying
PERLs-1-06	Research	Evidence based practitioner	Discuss Science and scientific evidence	Difference between science, philosophy, art and Scientific method	Assignment on application of scientific method to a problem
PERLs-1-07	Leadership	Self-directed Learner	Identify gaps in learning through reflection	Strategic planning Personal development plans Goal Setting	Written gaps in being a learner with goals

Block 1- Entry 1

Code	PERLs- 1-01
Domain	PERLs
Attribute	PERLs
Specific Learning Outcome	Describe a Portfolio Describe types of portfolios Identify Portfolio entries Write reflection based on Gibbs reflective cycle
Topic	Reflective Writing
Portfolio Entry	Reflective writing on portfolio outline development

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Block 1- Entry 2

Code	PERLs- 1-02
Domain	Professionalism
Attribute	Communicator
Specific Learning Outcome	Demonstrate non-verbal and verbal communication skills. Describe principles of Communication. Discuss types of Communication at professional level. Identify different Communication Styles. Explain the importance of nonverbal communication. Demonstrate active Listening. Describe assertive Communication techniques. Describe barriers to Effective Communication.
Topic	Verbal and nonverbal Communication Skills
Portfolio Entry	Communication encounter with a peer or teacher

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Block 1- Entry 3

Code	PERLs- 1-03
Domain	Professionalism
Attribute	Responsible & Accountable
Specific Learning Outcome	Follow the dress code and rules and regulations of the institution. Demonstrate punctuality
Topic	Responsibility towards institution and the profession
Portfolio Entry	Quiz on rules and regulations of the institution

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Block 1- Entry 4

Code	PERLs- 1-04
Domain	Professionalism
Attribute	Team player
Specific Learning Outcome	Describe characteristics of a team Describe types of teams Discuss stages of team development Identify various team roles Discuss barriers to effective teamwork
Topic	Teamwork
Portfolio Entry	Self- evaluation through reflective writing

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Block 1- Entry 5

Code	PERLs- 1-05
Domain	Ethics
Attribute	Digital Citizen
Specific Learning Outcome	Maintain personal privacy while sharing information Identify cyberbullying, harassing, and sexting Describe cybersecurity laws Discuss digital rights and responsibilities
Topic	Digital Identity & footprint
Portfolio Entry	Case discussion of cyberbullying

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Block 1- Entry 6

Code	PERLs- 1-06
Domain	Research
Attribute	Evidence based practitioner
Specific Learning Outcome	Discuss Science and scientific evidence
Topic	Difference between science, philosophy, art and Scientific method
Portfolio Entry	Assignment on application of scientific method to a problem

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Block 1- Entry 7

Code	PERLs- 1-07
Domain	Leadership
Attribute	Self-directed Learner
Specific Learning Outcome	Identify gaps in learning through reflection
Topic	Strategic planning Personal development plans Goal Setting
Portfolio Entry	Written gaps in being a learner with goals

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BLOCK 2

ENTRIES

BLOCK-2

Code	Domain	Attribute	Specific Learning Outcome	Topic	Portfolio Entry
PERLs-1-08	Professionalism	Responsible & Accountable	Demonstrate punctuality	Responsibility towards self and the profession Attendance record Reflective Writing	Reflective writing on portfolio outline development
PERLs-1-09		Caring & Empathic	Demonstrate respect of Diversity in gender, age, culture, race, religion, abilities, and sexual orientation for peers	Diversity Equity Inclusion	An encounter with a specially abled person
PERLs-1-10			Describe responsibility to oneself Discuss responsibilities of being a learner	Learning styles Learning Domains Motivation	Written assignment
PERLs-1-11			Discuss professional code of conduct	Responsibilities of a doctor	Case analysis of nonprofessional practice
PERLs-1-12	Ethics	Digital Citizen	Design a professional digital footprint and use appropriate online etiquette and follow rules for every Internet resource	Design a professional digital footprint and use appropriate online etiquette and follow rules for every Internet resource	Professional Profile on LinkedIn
PERLs-1-13	Research	Evidence based practitioner	Locate credible scientific evidence	Sources of scientific data Database search engines Grey literature	Assignment on building a literature search
PERLs-1-14		Self-Directed Learner	Manage time effectively	Time Management	Self and/or teacher feedback
PERLs-1-15			Set Learning Goals	Value identification Goal setting	List of goals
PERLs-1-16	Leadership	Team Player	Work respectfully and effectively with their peers	Effective teamwork Building Rapport	Peer feedback

Block 2- Entry 8

Code	PERLs- 1-08
Domain	Professionalism
Attribute	Responsible & Accountable
Specific Learning Outcome	Demonstrate punctuality
Topic	Responsibility towards self and the profession Attendance record Reflective Writing
Portfolio Entry	Reflective writing on portfolio outline development

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Block 2- Entry 9

Code	PERLs- 1-09
Domain	Professionalism
Attribute	Caring & Empathic
Specific Learning Outcome	Demonstrate respect of Diversity in gender, age, culture, race, religion, abilities, and sexual orientation for peers
Topic	Diversity Equity Inclusion
Portfolio Entry	An encounter with a specially abled person

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Block 2- Entry 10

Code	PERLs- 1-10
Domain	Professionalism
Attribute	Responsible & accountable
Specific Learning Outcome	Describe responsibility to oneself Discuss responsibilities of being a learner
Topic	Learning styles Learning Domains Motivation
Portfolio Entry	Written assignment

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Block 2- Entry 11

Code	PERLs- 1-11
Domain	Professionalism
Attribute	Responsible & accountable
Specific Learning Outcome	Discuss professional code of conduct
Topic	Responsibilities of a doctor
Portfolio Entry	Case analysis of nonprofessional practice

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Block 2- Entry 12

Code	PERLs- 1-12
Domain	Ethics
Attribute	Digital Citizen
Specific Learning Outcome	Design a professional digital footprint and use appropriate online etiquette and follow rules for every Internet resource
Topic	Design a professional digital footprint and use appropriate online etiquette and follow rules for every Internet resource
Portfolio Entry	Professional Profile on LinkedIn

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Block 2- Entry 13

Code	PERLs- 1-13
Domain	Research
Attribute	Evidence based practitioner
Specific Learning Outcome	Locate credible scientific evidence
Topic	Sources of scientific data Database search engines Grey literature
Portfolio Entry	Assignment on building a literature search

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Block 2- Entry 14

Code	PERLs- 1-14
Domain	Leadership
Attribute	Self-Directed Learner
Specific Learning Outcome	Manage time effectively
Topic	Time Management
Portfolio Entry	Self and/or teacher feedback

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Block 2- Entry 15

Code	PERLs- 1-15
Domain	Leadership
Attribute	Self-Directed Learner
Specific Learning Outcome	Set Learning Goals
Topic	Value identification Goal setting
Portfolio Entry	List of goals

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Block 2- Entry 16

Code	PERLs- 1-16
Domain	Leadership
Attribute	Team Player
Specific Learning Outcome	Work respectfully and effectively with their peers
Topic	Effective teamwork Building Rapport
Portfolio Entry	Peer feedback

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BLOCK 3

ENTRIES

BLOCK-3

Code	Domain	Attribute	Specific Learning Outcome	Topic	Portfolio Entry
PERLs- 1-17	Professionalism	communicator	Developing an argument	Structure of an argument Validity of an argument	Write an argument
PERLs- 1-18	Leadership	Resilient and Adaptable	Demonstrate patience and tolerance	Tolerance Patience Role of emotional regulation effective Giving feedback	Teacher Feedback
PERLs- 1-19			Demonstrate healthy coping mechanisms to respond to stress	Stress Coping mechanisms	Self or Peer Evaluation
PERLs- 1-20		Self-Directed Learner	Identify and seek help as and when required to achieve the set goals	Seeking help Right way to ask Right way to give gratitude Receiving feedback	A narrative of seeking help from a knowledgeable other in personal or professional life

Block 3- Entry 17

Code	PERLs- 1-17
Domain	Professionalism
Attribute	communicator
Specific Learning Outcome	Developing an argument
Topic	Structure of an argument Validity of an argument
Portfolio Entry	Write an argument

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Block 3- Entry 18

Code	PERLs- 1-18
Domain	Leadership
Attribute	Resilient and Adaptable
Specific Learning Outcome	Demonstrate patience and tolerance
Topic	Tolerance Patience Role of emotional regulation effective Giving feedback
Portfolio Entry	Teacher Feedback

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Block 3- Entry 19

Code	PERLs- 1-19
Domain	Leadership
Attribute	Resilient and Adaptable
Specific Learning Outcome	Demonstrate healthy coping mechanisms to respond to stress
Topic	Stress Coping mechanisms
Portfolio Entry	Self or Peer Evaluation

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Block 3- Entry 20

Code	PERLs- 1-20
Domain	Leadership
Attribute	Self-Directed Learner
Specific Learning Outcome	Identify and seek help as and when required to achieve the set goals
Topic	Seeking help Right way to ask Right way to give gratitude Receiving feedback
Portfolio Entry	A narrative of seeking help from a knowledgeable other in personal or professional life

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