

MODULAR INTEGRATED CURRICULUM 2K23

B

7 Star Doctor

2.0

version 2.0







Principal's Message

Dear Students and Faculty,

It is with great pride and enthusiasm that we embark on this transformative journey together at our newly established medical college. This is a moment of new beginnings, brimming with possibilities, and an opportunity to shape a future grounded in academic excellence, innovation, and compassionate care.

To our students, you are stepping into a world where knowledge meets responsibility. Medicine is more than a profession; it is a calling to serve humanity with integrity and empathy. We are committed to nurturing not just your intellect but also your values, so you may emerge as competent and compassionate healthcare professionals. As you navigate this rigorous yet rewarding journey, remember that perseverance, curiosity, and a spirit of service will be your guiding stars.

To our esteemed faculty, your dedication and expertise form the cornerstone of this institution. Together, let us inspire our students, foster a culture of inquiry, and build a learning environment that emphasizes collaboration, critical thinking, and lifelong learning. You have the unique opportunity to shape the minds and hearts of future leaders in healthcare, and I am confident that your unwavering commitment will pave the way for their success.

Our first block of study marks the foundation of an academic experience that integrates the principles of holistic education with cutting-edge medical training. It is designed to challenge, motivate, and inspire both students and faculty. Let this guide serve as a roadmap, helping us achieve our shared goals while upholding the highest standards of education and care.

The journey ahead will undoubtedly present challenges, but it is in overcoming these that we find growth. Let us work together to create a legacy of excellence that will guide generations to come. With determination, collaboration, and a shared vision, I have no doubt that we will achieve greatness together.

Welcome to the start of an extraordinary chapter.

Warm regards,

Prof. Dr. Shireen Khawar Principal



Vision, of Queen Medical College

Improving health through excellence in teachings and learnings, leaderships and innovations in health care practice and research.

Mission, of Queen Medical College

To make a valuable contribution to the undergraduate medical education in the country, by developing core knowledge, practical skills and ethical attitudes towards patient's care in our graduates.

To produce health care professionals who will enhance and extend quality of life in diverse clinical settings, offering the best in terms of efficacy and safety. To strive to attain high standards in education, researches and clinical cares and develop tomorrow's health care leaders who practice patient centered medicine of highest professional standard.



MODULAR INTEGRATED CURRICULUM 2K23

version 2.0

BLOCK-1



Foundation Module 1

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PATHOLOGY
PHARMACOLOGY & THERAPEUTICS
COMMUNITY MEDICINE & PUBLIC HEALTH
AGING
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List of Abbreviations

Rectangular Snip

Abbreviations	Subjects
А	Anatomy
Ag	Aging
В	Biochemistry
BS	Behavioral sciences
с	Civics
CSIM	Clinical Skills In Medicine
СМ	Community Medicine
Р	Physiology
Ph	Pharmacology
Pa	Pathology
FM	Forensic Medicine
ENT	Ear Nose Throat
0	Ophthalmology
Psy	Psychiatry
м	Medicine
S	Surgery
Ре	Pediatrics
GO	Gynecology and Obstetrics
QI	Quran and islamiyat
PERLs	Professionalism, Ethics, Research, Leadership

MODULE RATIONALE

Tomorrow's doctor is required to acquire competencies, which could align his knowledge base and skill set for his professional practices. The foundation of knowledge needs to commence from 'The Cell'. The cell is a structural and functional unit of life and has a role in normal homeostasis ensuring appropriate cellular functions. Hence, this module has been designed to introduce a blend of molecular, genetic, anatomical, physiological, and psychosocial information essential for developing a perspective on the function of the human body in health and disease. Besides, an initial orientation to pharmacology and pathology subject has been provided so that students are able to use this information in the coming modules.

MODULE OUTCOMES

- Describe the microscopic features of nerve cells, muscle cells, general features of epithelia of the body.
- Appraise the functional characteristics of various components of cell membrane and organelles of cell.
- Differentiate between the dynamics of various transport mechanisms along the cell membrane.
- Compare the functional differences between RBCs, WBCs and blood groups.
- Explain the significance of homeostatic mechanisms in keeping body's internal environment nearly constant.
- Appraise the formation and functions of autonomic nervous system.
- Correlate the structural design of each organ to its function.
- Acquire information about the different fascial planes in the different regions of the body & their surgical importance.
- Use descriptive anatomical terms of position to describe the different body structures in relation to each other.
- Describe the movements of body using proper anatomical terms of movement.
- Describe and demonstrate the various bony landmarks.
- Describe the types of joints and correlate them to the mechanisms of movement.
- Classify the bone, joints and muscles based on the structure, function, phylogenetic origin.
- Describe the structures associated with muscles and explain their functional correlations.
- Classify and describe the cardiovascular system and correlate it functionally.

- Amplify the anatomical basis for radiological, cross-sectional, anatomy.
- Correlate clinicopathologically the apoptosis in health & diseases.

THEMES

- Cell structure
- Cell transport and signaling
- Cell chemistry
- Homeostasis and blood
- Autonomic nervous system
- Body movement
- Muscles
- Growth and development

SYLLABUS OF FOUNDATION-1 MODULE



Curriculum Framework



Curriculum 2K23 version 2.0

CURRICULUM FRAMEWORK



Over View of Curriculum

Curriculum 2K23 version 2.0 has been purposefully developed and using the expertise of a group of medical educationists from the affiliated colleges, with the input of subject experts & healthcare leaders to have outcomes which are not only locally contextualized but also globally acceptable. With the final professional profile as the foundational underpinning for a framework, the need for precisely defined competencies and outcomes becomes a must.

University of Health Sciences Lahore emphasizing on the knowledge base, attributes, professional behaviours, and skills set that the yield of the doctors which are brought forth into the healthcare landscape of the country possess at the time of graduating from its affiliated colleges.

A competency is a blend of background knowledge, skills, and attitude that enables a professional to perform as a job requirement.

The competency framework defined during the development of Curriculum **2K23** version 2.0 has further been categorized into the competencies and behavioral descriptors required to enter the clinical segment of the competency continuum and the exit competencies at the end of the 5-year program.

Current edition of **Curriculum 2K23** version 2.0 contains the competency framework for the preclinical years. This framework elaborates the competencies, sub competencies and their behavioral descriptors which the student must possess before entering the clinical years. The module and assessments of the C-FRC and the early clinically oriented activities that have commenced in the first two years will help steer the students to achieve these goals.

Competency framework anchors the professional requirements, training benchmarks and societal expectations in a concise manner. The relatable aspect of attainment sets the path for the institutional implementation. The students should be capable of a deeper understanding of the concepts of competencies and what professional requirements do they need to fulfill before every next stage of their educational journey and skill acquisition. The departments of Medical Education should not only

endorse these expectations but should also help establish a culture of professing to the community and stakeholders for an upkeep of laid down standards. The professed standards defined by the regulatory authority, community or religious integrity.

The current chapter contains the competency framework for the 'Preclinical' years, only. This may serve as a base guideline framework for the institutional designing for their undergraduate training protocols. The sub competencies and their behavioral descriptors are all aligned to the requirements of the 7-star doctor which has been defined by the national regulatory authority and mentioned verbatim in chapter 5. The same set of sub competencies and their behavioral descriptors will diversify into the attributes, clinical competencies, and sub competencies for the remainder of the competency framework which will follow in the next and final version.

The current framework scopes the behaviour requirements and attributes to be achieved. However, all the affiliate institutions have the latitude to further define the sub competencies and their behavioral descriptors to be achieved, based on their own institutional core values and ideology.





Core Competencies & Sub- Competencies to be achieved before entering the 3rd Year

Competency	Sub	Behavioral Descriptors for Early Clinical Years				
	Competency					
	Clinical Reasoning	 Demonstrate the ability to apply fundamental scientific knowledge to clinical scenarios, such as patient histories and hypothetical case presentations showcasing the integration of theoretical learning into practical clinical reasoning. Critically assess and evaluate existing medical 				
Skillful		 2. Critically assess and evaluate existing incurcal literature and research to inform decision- making in hypothetical patient scenarios during preclinical case studies. 3. Engage in collaborative problem-solving 				
		exercises with peers, actively participating in preclinical problem-based discussions to enhance clinical reasoning skills through dialogue and debate.				
	Diagnostic reasoning	 Apply foundational knowledge from basic sciences to critically evaluate the clinical scenarios, to formulate differential diagnoses during preclinical case discussions. 				
		1. Demonstrate a thorough understanding of normal and abnormal structures and functions of the body.				
	Holistic Understanding and Comprehensive Knowledge	 Apply comprehensive knowledge in identifying molecular, cellular, biochemical, and physiological mechanisms. Evaluate the impact of growth, development, and aging. Explain the various etiological causes and causative agents for specific injuries, illnesses, and diseases. Identify and analyse biological and social determinants and risk factors of diseases. 				
		6. Recognize and explain patterns of normal and abnormal human behavior				
Knowledgeable	Synthesis of Interdisciplinar y Knowledge	 Integrate knowledge from various medical disciplines to inform hypothetical clinical decision-making and synthesize information for a comprehensive understanding of hypothetical patient cases. Apply a holistic approach by considering the interconnectedness of biological, social, and psychological factors in theoretical healthcare scenarios, and propose integrated solutions to hypothetical clinical problems using interdisciplinary knowledge. Critically assess and evaluate existing medical literature and research to inform decision- 				
	Evidence Based	making in hypothetical patient scenarios during preclinical case studies.				

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	Practice	2 Integrate knowledge from various scientific			
		2. Integrate knowledge from various scientific disciplines to develop comprehensive and evidence- based explanations for medical phenomena encountered in preclinical coursework.			
	Health Trends Analysis	1. Critically review scientific literature to stay informed about health trends.			
Community Health Promoter	Advocacy for Health Equity, Promotion, and Prevention	 Engage in discussions on health disparities and social determinants of health. Demonstrate an understanding of community health concerns 			
	Information Retrieval	1. Seeks information from various academic sources, including textbooks, research articles, and online resources.			
Critical thinking Reflective Thinking		 Critically assesses experimental data during laboratory sessions, showing attention to detail and an understanding of its relevance to medical concepts. Demonstrates effective identification and analysis of medical issues during case-based and problem based discussions. Applies logical reasoning to propose viable solutions in problem-solving exercises. Displays adaptability in integrating knowledge to address complex medical challenges. Shows proficiency in utilizing evidence-based strategies to resolve clinical puzzles during preclinical training. Sets specific learning goals, creates plans to achieve them, and reflects on progress regularly. Reflects on problem-solving processes, 			
		identifying strategies that were effective and areas for refinement.1. Regularly evaluates personal academic			
	Self-directed Learning	 Regularly evaluates personal academic progress and adjusts study strategies accordingly. Actively engages in collaborative peer study groups to enhance learning. Demonstrates effective use of technology to manage and organize study materials. 			
Professional	Altruistic and Empathetic:	 Displays empathy and understanding in peer, faculty, and staff interactions. 			
	Ethical Practice	 Demonstrates self and professional accountability, honesty, and ethical behaviour. Uphold principles of academic integrity in all 			

	 coursework. 3. Consistently exhibits professional conduct, respecting academic and ethical standards, serving as a positive example for classmates.
Scholar Research Co	mpetency 1. Displays foundational skills in research, including the identification of researchable problems, formulation of clear research questions, and engagement in literature reviews, setting the groundwork for future research endeavors.

	Educational Proficiency	 Demonstrates consistent high performance in coursework, showcasing a deep understanding of foundational medica sciences during preclinical years. Actively engages in self-directed learning displaying a strong commitment to mastering educational content and fostering a solid academic foundation in the early years of MBBS. 						
Leader and Role Model	Healthcare Leadership	 Demonstrating effective communication and teamwork skills during PBLs, simulations or practical sessions. Actively seeks collaboration on group projects, fostering teamwork and collective problem- solving skills. 						
	Peer Engagement	1. Actively seeks opportunities to assist peers in understanding complex medical concepts, displaying a collaborative and supportive attitude that fosters a culture of shared learning and growth.						

Institutional Implementation

Curriculum 2K23 version 2.0 requires to be implemented by all institutions based on their own unique identity but with true letter and spirit.

Competency framework should be adopted, translated, and implemented through all the methodologies and integrated into all the educational processes of the institutions.

The pre-clinical competency framework will serve as the main scaffold for developing the clinical competencies and clerkship related attributes. So, the significance of implementing this is foundational for developing a seven-star doctor.

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	Year 1						
Week	BLOCKS	Modules			Spirals		
1 2 3 4 5 6 7 8	Block 1	Module 1 : Foundation-1 03 rd March 2025 –25 th April 2025	PERLs	CFRC	Quran , Islamiyat & Pak Studies		
9 10		Eid ul Fitr 31.3.2025-					
11 12 13 14 15		Module 2: Haematopoeitic & Lymphatic 29 th April 2025 – 16 th May 2025 Space for Spirals & CIA BIOCK Exam 1	PERLs	CFRC	Quran , Islam & Pak Stud		
16 17 18 19		Module 3: Musculoskeletal & Locomotion-1 28 th May 2025 –6 th August 2025	PERLs	CFRC	Quran , Islam & Pak Studies		
	7	Eid ul Azha 7.6.2025		25			
20 21 22	Block 2	Summer Brea 01 July,25 - 30 Ju					
23 25 25 25 26	Η	Module 3 (continues): Musculoskeletal & Locomotion-1 28 th May 2025 –6 th August 2025	DERLS	CFRC	Quran , Islamiyat & Pak Studies		
27		Space for Spirals & CIA	1		Qura		
28		Block Exam 2					
29 30 31 32 33 33 34 35	Block 3	Module 4: Cardiovascular-1 10 th Sep 2025 – 24 th October 2025	PERLs	CFRC	Quran , Islamiyat & Pak Studies		
36 37 38 39		Module 5: Respiratory-1 28 th October 2025 – 14 th November 2025	Id	CI	Quran , Is		
4U 41		Space for Spirals & CIA Block Exam 3					
42 43 44 45		PrepLeave					
40 47 47 40 47 50 30 31	Professional Exam						



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YEAR-1 FOUNDATION MODULE

Week 1 Theme: Orientation

Day	08:30 - 09:30	09	:30- 11:00		11:00-12:00	12:00-01:30	01.30-2.30				
Monday	Receiving Kit	ceremony, Intra	ldress, White Coat roduction of students nd HOD Auditorium	Departi	ment of medical education Lecture Hall	Campus Tour	Refreshments				
		08:00-11:)0								
Tuesday	IT\Library <u>Muhammad</u> <u>Nadir/</u> <u>Abdul</u> <u>Razzaq</u>	Group Dynamics& Leadership Dr. Syed Hasan Shoaib	Study Skills Dr. Sadaf Sajid		IT\Library Muhammad Nadir/ Abdul Razzaq	Group Dynamics& Leadership Dr. Sved Hasan Shoaib	Study Skills Dr. Sadaf Sajid				
	Group 1	Group 2	Group 3	11:00	Group 2	Group 3	Group 1				
Wednesday	IT\Library	Group Dynamics & Leadership		nics & Study Skills Brea		Brea	Brea	Study Skills Brea	(40mins each) Anatomy Group-1 Biochemistry Group-2 Physiology Group-3	gy and Biochemistry depart Group 1-2-3 Anatomy Group-2 Biochemistry Group-3 Physiology Group-1	Anatomy Group-3 Biochemistry Group-1 Physiology Group-2
					11:30-12:30	12:30-1:30	1:30-02:30				
	Group 3	Group 1	Group 2		Venue: Anatom	y- Physiology- Biochemisti	Physiology- Biochemistry Departments				
	08:00- 11:00					11:30-02:30					
Thursday Meet the Mentors			Introduction of co-curricular clubs/committees	Introduction of co-curricular clubs/committees	Open Session with students						
		08-00-12.0	0		Lecture Hall	Lecture Hall					
Friday	Visit to Hospital				12:00-01:00						
	Medical facilities available to students Introduction to Foundation Module				Jumma Prayer						

Venue for Workshops:					
IT/ Library IT lab (QMC)					
Study SkillsTutorial Room 1 (QMC)					
Group Dynamics and Tutorial Room 2 (QMC)					
Leadership					

Detail of Group A, B, C (for visit to clinical and basic science departments)						
Group	Group Roll #					
1	1-33					
2 34-66						
3	67-100					

	NORMAL STRUCTURE						
THEORY							
	GROSS ANATOMY	TOTAL HOURS = 15		Teaching	Assessment strategy		
CODE	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	ΤΟΡΙϹ	-strategy			
	Briefly describe the applied branches ofanatomy Describe the "Anatomical Position"						
	Describe the anatomical planes of body.						
	Describe the terms of relationship,commonly used in Anatomy.	General	Introduction	Interactive lecture	MCQS		
-A-001	Describe the anatomical terms usedspecifically for Limbs.	Anatomy	toGeneral Anatomy	SGD			
	Describe the terms related to movements. Describe, identify, and exemplify the general morphological features of bones. Describe the developmental classification ofbones.			Interactive lecture SGD	MCQ'SSEQ'S		
	Describe the regional classification of bones. Describe the morphological classification of bones. Describe and exemplify Sesamoid, Pneumatic, Wormian and Heterotopic bones.						
	Describe the general features of adulttypical long bone.						
	Describe the types of epiphyses						
	Discuss the general concept of ossification (primary and secondary centers and rule ofossification) Describe the relationship of growing end of bones with the direction ofnutrient foramen						
-A-002	Describe the blood supply of various typesof bones Describe the salient features of common types of	General Anatomy	Bones (Osteology)				
	fractures and basic concept of healing offracture.						
-A-003	Describe the general features of cartilageand its importance in gross anatomy.	General Anatomy	Cartilage (Chondrology)	Interactive lecture	MCQ'SSEQ'S		
	Describe the subtypes and gross features of Hyaline,			SGD			
	elastic and fibro Cartilage. Differentiate thethree types of cartilages						

	Describe and exemplify the structural classification of Joints (synovial, cartilaginous & fibrous) along with their sub-classification.			Interactive lecture SGD	MCQ'S SEQ'S
F-A-004	Describe the components and characteristicfeatures of a Synovial Joints. Describe the blood supply, innervation of Synovial Joints, cartilaginous joints, and fibrous joints. List the factors stabilizing a synovialjoint. Define common joint injuries and diseases	General Anatomy	Joints (Arthrology)		
	Describe the structure and function of Skin on the basis of its two layers; Epidermis and Dermis Describe the structure of Hair as an appendage of skin.			Interactive lecture	MCQ'S
	Describe the structure of Nail as anappendage of skin. Describe the structure of Sweat andSebaceous Glands				
F-A-005	Describe the structure and function ofSuperficial Fascia				
	Describe the structure, function, andmodifications of Deep Fascia Describe important clinical correlates ofskin (skin				
	infections, sebaceous cyst, skin burns andskin grafting)	General Anatomy	Integumentar ySystem		
	Classify and describe Muscle Tissue based on Structure, Function and Development Describe Somatic and Visceral Muscles			Interactive lecture SGD	MCQ'S SEQ'S
F-A-006	Describe and differentiate the Red andWhite Variety of Skeletal Muscles Classify and describe the skeletal muscles based on architecture.	General Anatomy	Muscle Tissue (Myology)		
	Classify skeletal muscle based on action. Describe the parts of a skeletal muscle.				
	Describe and differentiate the basic organization of innervation to skeletal, smooth, and cardiac muscle. Describe thestructure of Synovial Bursae Comprehendthe meaning of Hypertrophy, Hemiplegia,quadriplegia, paraplegia, hemiparesis				

F-A-007	Classify the types of blood circulation. Classify and exemplify various types of blood vessels. Describeand exemplify various types of anastomoses. Explain the importance of End Arteries Describe the general organization ofLymphatic Circulation Define the terms: Lymphoid Tissue, Tissue Fluid, Lymphatic, Capillaries, Lymph and Lymphatic Vessels Define the terms; Lymphangitis, Lymphadenitis. Define neuron. Describe the anatomical structure of aneuron. Classify neurons based on morphology with examples.	General Anatomy	Vascular System (Angiology)	Interactive lecture SGD	MCQ'S SEQ'S	
F-A-008	Classify neurons based on function. Describe the components of the centralnervous system. Describe the components of the peripheralnervous system. Name the supporting cells (neuroglia) of thecentral nervous system. Describe the structure and functions of theneuroglia of the central nervous system. Enumerate the supporting cells (neuroglia) of the peripheral nervous system. Describe the structure and functions of the neuroglia of the peripheral nervous system. Enlist the cranial nerves I to XII Describe the types of nerve fibers carried byand distribution of the cranial nerves. Describe the formation, types of modalitiescarried by, and distribution of the spinal nerves. Explain Dermatome (s) Explain Myotome (s) Describe the formation of Plexuses. Differentiate between Somatic and Visceralnervous system. Define Receptors Describe the functions of receptors.	General Anatomy	Nervous Tissue (Neurology)	Interactive lecture SGD	MCQ'S SEQ'S	Page 30

E A 000	Identify displacement of fracture segmentsof the bone Identify dislocation of joints	Imaging in Anatomy	Interactive lecture	MCQ'S
	Classify sensory receptors based onmodality (with location) Define Effectors Describe the functions of effectors. Describe ANS (Autonomic Nervous System) and differentiate between sympathetic and parasympathetic nervoussystem			

CODE		TOTAL HOURS =	25	Teaching	Assessment
	NATAL DEVELOPMENT SPECIFIC LEARNING	DISCIPLINE	Торіс	strategy	strategy
	OUTCOMES				
F-A-010	Define Chromosome Theory of inheritance Enlist different stages ofMitosis and Meiosis Compare and contrast Mitosis and Meiosis		Cell division and Chromosomal abnormalities	Interactive lecture	MCQ'S
	Enlist the numerical chromosomal anomalies Describe the anatomical basisfor numerical chromosomal abnormalities. Describe the clinical presentation of numerical chromosomal abnormalities	Embryology			
F-A-011	Describe the Process of spermatogenesis and spermiogenesis Describe the embryological basis for Abnormal gametes	Embryology	Gametogenesis Spermatogenesis	Interactive lecture	MCQ'S
F-A-012	Describe the Prenatal and postnatal maturation of oocyte	Integrate with Gynecology	Gametogenesis Oogenesis	Interactive lecture	MCQ'S
F-A-013	Describe the significance of arresteddevelopment of oocyte		Gametogenesis Oogenesis	Interactive lecture	MCQ'S
F-A-014	Compare and contrast oogenesis andspermatogenesis	Embryology	Gametogenesis	Interactive lecture	MCQ'S
F-A-015	Describe the hormonal control of femalereproductive cycles			Interactive lecture	MCQ'S
	Enumerate and describe the steps of theovarian cycle				
	Describe the process of ovulation				
	Describe the formation, function andfate of corpus luteum	Integrate with Gynecology	Female Reproductive Cycle		
	Define Mittelschmerz pain Define menstrual cycle				
	Describe the phases				
F-A-016	Describe the transportation of Oocyte	Embryology	of	Interactive lecture	MCQ'S
			gametes		
F-A-017	Describe the Prenatal and postnatal maturation of oocyte		Fertilization	Interactive lecture	MCQ'S
	Define contraception Explain the mechanisms of following contraceptive techniques: 1. Barrier methods 2. Hormonal methods				Page 32

F-A-018	 3. Intrauterine device (IUD) 4. Emergency contraceptive pills (ECPs) Male and female sterilization 	Integrate with physiology	Contraception		
F-A-019	Describe the anatomical and physiological basis of male and female infertility Define assisted reproductive techniques Describe the mechanisms of In vitro fertilization (IVF) & embryo transfer Explain the correlation of multiple births with assisted reproductive techniques	Integrate with Gynecology	Infertility & assisted reproductiv etechniques	lecture	MCQ'S SEQ'S
F-A-020	Describe the process of cleavage of embryo and blastocyst formation Describe the origin and uses of embryonic stem cells and the techniques of obtaining these cells from the embryo (reproductive cloning & therapeutic cloning) Explain the embryological basis of spontaneous abortion.	Embryology		lecture	MCQ'S SEQ'S
	Compare and contrast the villi.	Integrate with Gynecology			
	Describe the process of Compaction.Describe the Formation of morula (division into inner and outer cell mass)	Embryology	Cleavage, blastocys t formatio n	Interactive lecture SGD	
F-A-021	Describe the Uterus at the time of implantation (decidua reaction) Illustrate the concept of Implantation. Describe the Abnormal implantation/ extra uterine implantations. Define the Molar pregnancy. Describe the formation of amniotic cavity, embryonic disc, and umbilical vesicle Describe the formation of chorionic sac	Embryology		lecture	SEQ'S
F-A-022	Describe the Establishment ofuteroplacental circulation.		circulation	Interactive lecture SGD	SEQ'S
F-A-023		Embryology Integrate with Gynecology		lecture SGD	MCQ'S SEQ'S OSPE Page 33
	Describe the molecular factors responsible for gastrulation.				Page 3

	Describe the Invagination and movement of PR notochordal cells Describe the Notochordal plate formation Describe the Neurogenetic canal formation			Interactive lecture SGD	MCQ'S SEQ'S
F-A-024	Describe the fate of the notochord Describe the Establishment of body axis	Embryology	Formation of notochord		
	Describe the embryological basis for situs inversus, Sirenomelia, holoprosencephaly Describe the development of trophoblast and chorionic villi during 3rd week of development				
F-A-025	Describe the Formation of neuraltube from neural plate.	Embryology	Derivatives of ectoderm	Interactive lecture SGD	MCQ'S SEQ'S OSVE
	Describe the process of Migration of neural crest cells Enlist the Derivatives of neural tube anddescribe the fate of each Enlist the Derivatives of neural crest cells Enlist the ectodermal				
	derivatives Describe the molecular and genetic factors for the process of neurulation				
	Describe important Neural tube defects Describe the Differentiation of			Interactive	MCQ'S
F-A-026	mesoderm into its constituting components Describe the Somite formation and its fate Describe the Estimation of age by somite's Describe the formation of intra-embryonic	Integrate with pediatrics	Mesoderma Iderivatives	lecture	SEQ'S OSVE
F-A-027		Integrate with	Early development of CVS	Interactive lecture SGD	MCQ'S SEQ'S
		Cardiology			

F-A-028	Describe the Cephalo-caudal folding Describe the Lateral folding	Integrate with Gynecology	Folding of embryo	Interactive lecture SGD	MCQ'S SEQ'S	
F-A-029	Enlist the derivatives of germ layers Enlist and Describe the Derivatives of intermediate and lateral plate mesoderm Enlist & Describe the Derivatives of endoderm	Embryology	Germ layer derivatives	Interactive lecture SGD	MCQ'S SEQ'S	
	Enlist & describe the derivatives of ectoderm	Integrate with Gynecology/ Pediatrics				
F-A-030	Describe the Regulation of embryonic development by Homeoboxgenes	Embryology	Control of the embryonic development	Interactive lecture SGD	MCQ'S SEQ'S	
F-A-031	Enlist the characteristic features of theembryo during		Folding of Embryo	Interactive lecture SGD	MCQ'S SEQ'S	
	2nd month Describe the criteria for estimating thedevelopmental staging in human embryos Explain the estimation of gestational & embryonic age		Embryonic period			
	Explain the measurement and characteristics of fetus/Key eventsduring Embryonic Period. Describe the Overview of External appearance of fetus during fetal period. Enlist developmental horizons during fetal life event. Describe Viability of fetuses and low			Interactive lecture SGD	MCQ'S SEQ'S OSVE	
F-A-032	birth weight babies Explain the factors influencing fetal growth Describe the clinical problems encountered by babies born with IUGR (Intra Uterine Growth Restriction)		Fetal Period			
	Tabulate the criteria for estimatingfertilization age during the fetal period Describe the procedures for			Interactive lecture SGD	MCQ'S SEQ'S OSVE	
F-A-033	assessingfetal status Describe the clinical picture of IUGR & factors resulting in IUGR (Intra Uterine Growth Restriction) Define Pre-eclampsia	Integrate with Gynecology	Fetal Status		USVE	
F-A-034	List the fetal membranes Describe the macroscopic & microscopic features of Decidua Enlist the various parts of decidua Functionally correlate the parts of the decidua with its structure Describe the			Interactive lecture SGD	MCQ'S SEQ'S OSVE	
	Changes in the trophoblast leading tothe development of placenta Describe the Structure (macroscopic & microscopic) of placenta	Integrate with Gynaecology	Placenta			Page 35

I	Enlist & correlate the Europtians of	1	1		
	Enlist & correlate the Functions of				
	placenta with its structure				
	Describe the Microscopic anatomy of Placental membrane				
	Placental membrane				
	Describe the Placental circulation				
	(fetal& maternal) Embryologically				
	justify the hemolytic disease of the				
	neonate (Erythroblastosis fetalis)				
	Describe the functions of placenta				
	Describe the Formation & fate of			Interactive	MCQ'S
	Umbilical cord Describe the Cord			lecture	
	abnormalities				SEQ'S
	Justify embryologically the clinical			SGD	OSPE
	features observed in Absence of				USPE
	umbilical artery				OSVE
	Describe the formation				
	and circulation of				
	Amniotic fluid				
	Describe the Procedure of diagnostic				
	amniocentesis Explain the significance	Integrate	Fetal membranes		
F-A-035	of amniotic fluid	with			
	Describe the factors responsible for	Gynecology			
	Polyhydramnios and oligohydramnios	dynecology			
	Describe the consequences of				
	oligohydramnios and polyhydramnios				
	Define Amniotic Bands				
	Explain the formation and fate of				
	umbilical vesicle				
	(yolk sac) Define Physiological				
	Umbilical Hernia				
	Describe the development of			Interactive	MCQ'S
	Dizygotic twins Describe the			lecture	SEQ'S
	development of Monozygotic			SGD	5200
	twins Describe the fetal				OSVE
	membranes in twin pregnancy		Multiple		
F-A-036	Describe Fetus Papyraceous		pregnancie		
	Explain the zygosity of the twins		s		
	Describe the characteristics of				
	various types of conjoined				
	monozygotic twins Define preterm Birth	4		Interactive	MCQ'S
				lecture	
	Describe parturition & three				SEQ'S
	stages of Labor. Describe the			SGD	
	Various methods of prenatal		Prenatal diagnosis		
F-A-037	diagnosis Describe the Fetal		and fetal therapy		
	therapy				
	Describe Maternal serum Screening				
	Corelate levels of Alpha feto protein				
	levels and fetal anomalies	4			
	Describe stem cell transplantation				
	andgene therapy	4			
	Define morphogens, protein	Embryology	Molecular	Interactive	MCQ'S
F-A-038	kinases, notch delta pathway,		regulations	lecture	SEO'S
1	transcription factors, epigenetics		andsignaling		SEQ'S
			pathways		

	Define teratology and causes of birthdefects Define genomic imprinting Define human disorders associated with genetic mutations Describe birth defects caused by genetic factors: numerical an d structural anomalies Define and enlist the teratogens Describe the role of following in causing teratogenicity in humans:			lecture SGD	MCQ'S SEQ'S OSVE
F-A-039	 Drugs Environmental agents Chemicals & heavy metals Infectious agents Radiation Hormones Maternal diseases Describe the basis for male-mediated teratogens Describe prevention of birth defects 	Ter	atogenicity		

CODE	MICROSCOPIC ANATOMY (HISTOLOGY AND PATHOLOGY)	TOTAL HOURS = 08		Teaching strategy	Assessment strategy	
	SPECIFIC LEARNING OBJECTIVES	DISCIPL INE	ΤΟΡΙϹ			
F-A- 040	Describe different types ofmicroscopies Describe Staining methods and theirsignificance	Basic techniqu ein Histology	Introduction tomicroscopy &Basic staining technique	SGD	MCQ'S OSPE	
	Describe the electron microscopic structure and fluid mosaic model of plasma membrane Draw the fluid mosaic model of plasma membrane Describe the structure of glycocalyx coat and lipid raft and correlate it with function	Basic Histology	Cell membrane	Interactive lecture	MCQ'S	
	Describe different types of membraneproteins and their functions			Interactive lecture	MCQ'S	
	Explain different modes of transport across the cell membrane			Interactive lecture	MCQ'S	
F-A- 041	List the membranous and non-membranous cellular organelles Describe the structure of the following cellular organelles and correlate with their function: 1. Ribosomes 2. Endoplasmic reticulum (rough & smooth) 3. Golgi apparatus 4. Lysosomes 5. Proteasomes 6. Mitochondria 7. Peroxisomes Describe the structural components of cytoskeleton, and correlate them with theirfunctions Explain the histological basis of immotile cilia syndrome Describe the histological features of	Basic Histology Integrate	Cell membrane	Interactive lecture	MCQ'S	
042	cytoplasmic inclusions	with Pathology				
	Describe the structure of nuclear envelope and nuclear pores	Integrate with Physiology		Interactive lecture	MCQ'S	
					Page 38	

F-A-	Describe the structure		Cell nucleus	Interactive lecture	MCQ'S
043	ofchromatin Describe				650/6
	the structure of			SGD	SEQ'S
	chromosomeDescribe				
	the structure of				
	nucleolus	Histology			
	Describe the structure and types of DNA (Deoxy Ribonucleic Acid) and RNA				
	(Ribonucleic Acid) Describe the				
	histological basis for apoptosis and				
	necrosis				
	Describe structure of different types			Interactive lecture	MCQ'S
	ofcell junctions	Integrate			SEQ'S
		with			5203
	Describe the cell cycle & cell division	Pathology			
	Describe the cell cycle & cell division Define important clinicopathological				
	terms:				
F-A- 044	Atresia, Hypertrophy,		Epithelium	Interactive lecture	MCQ'S
044	Atrophy, Hyperplasia, Metaplasia, Anaplasia,				SEQ'S
	Neoplasia, Inflammation,				OSPE
	Metastasis				
					OSVE
	Describe the histological		-		MCQ'S
	structure and function of			SGD	SEQ'S
	basement membrane (light				5LQ 5
	andelectron)				OSPE
	Draw and label a diagram				
	illustrating the electron				
	microscopic structure of				
	haran haran haran Daawiha				
	the basal surface modifications of	Histolog			
		У			
	epithelia Describe the electron				
	microscopic structure and				
	functions of intercellular				
	junctions (lateral surface				
	modifications) and give their				
	locations		4		
	Describe the Biochemical				
	composition of the				
	basolateralmodifications		1		
	Describe the electron microscopic			Interactive lecture	MCQ'S
	structure & functions of the			SGD	SEQ'S
	following apical cell surface				0.005
	specializations:	Integrat			OSPE
	1. Microvilli	ewith			OSVE
	2. Stereocilia	Biochem			
	Cilia	istry			Page 39
I L			1		
------	--	-----------	------------	---------------------	-------
	Classify and exemplify the epithelia	-			MCQ'S
	θ,	ewith			SEQ'S
	locationsand functions	Patholog			
		У			OSPE
					OSVE
	Describe the structure of			Interactive lecture	MCQ'S
	exocrineglands Explain the			SGD	SEQ'S
	mechanism oftransport across			500	
	the epithelia Describe the				
	classification of exocrine glands				
	_	Histolog			
	1. Shape of secretory	у			
	portionsand ducts				
	•				
	2. Mode of				
	secretionType of secretion				
				Interactive lecture	MCQ'S
	Describe the composition and list the constituents of connective				
				SGD	SEQ'S
	tissue Classify the connective		Connective		OSVE
F-A-	tissue with examples	Histolog	tissue		USVE
045	Describe the composition of	У	13500		
	ground substance of connective tissue				
-				Interactive lecture	MCQ'S
	Describe the composition, distribution, and function of				
				SGD	SEQ'S
	glycosaminoglycans in connective tissue				
	Describe connective tissue				
	fibers, cells. Define				
	Fibrosis				
		Integrate		Interactive lecture	MCQ'S
		with			-
	thecells of macrophage	Biochemis		SGD	SEQ'S
	man and a second s	try/			
	system	Physiolog			
	-	y y			
	Describe the role of macrophages			Interactive lecture	MCQ'S
	in innate immunity & formation of				
	foreign body Giant cell				
	Describe the structure & functions				
	of Mast cells. Role of Mast cells in				
	immediate hypersensitivity				
	reactions. Describe structure of				
	Plasma cells and their role in				
	antibody formation.				

Describe the types of		Interactive lecture	MCQ'S
adiposetissue (white &	Histolog		
brown),	У		
their histogenesis, locations			
andfunction			
Describe lipid storage and		Interactive lecture	MCQ'S
mobilization in and from	Integrat		
adipocytes and compare the	ewith		
brownand white adipose tissue	Patholog		
	v		

PRACTICAL							
CODE	ΑΝΑΤΟΜΥ	TOT 03	AL HOURS =	Teaching strategy	Assessment strategy		
	SPECIFIC LEARNING OBJECTIVES	DISCIP LINE	TOPIC				
	Demonstrate the anatomical terms of position and movement, in			SGD	MCQ'S SEQ'S		
F-A-046	particular on limbs. Demonstrate various anatomical		Osteology Imaging		OSPE MCQ'S		
	movements of body Identify various elevations and anatomical landmarks on bones.	Anato my	and cross- sectional Anatomy Arthrology	SGD	SEQ'S OSPE		
	Identify and interpret normal radiographs of various body regions Identify and interpret joint dislocations and displaced fracture						
	bone segments radiographically.						

CODE	EMBRYOLOGY		OTAL HOURS	Teaching strategy	Assessment strategy
	SPECIFIC LEARNINGOBJECTIVES	DISC IPLI NE	ТОРІС		
	Calculate fertilization age, gestationalage, embryonic/fetal age and expected date of delivery.			SGD	OSPE
	On models, charts, aborted embryos an dfetal specimens, identify the: Events of embryonic period, i.e., cleavage, morula and blastula formation, yolk sac, amniotic cavity, connecting stalk,			SGD	OSPE

F-A-047	Gastrulation (notochord & primitive streak, three germ layers and their parts/derivatives), angiogenesis, neurulation, somites and embryonic age determination based on it, chorionic villi (primary, secondary & tertiary), developmental defects (sacrococcygealteratoma, neural tube defects) Placenta and it's positional & Implatational variations, umbilical cord and its contentsFetal features during fetal period. Determine age of fetus based on these features. Describe the USG (Ultrasonography) report for the: Fetal features, fetal age estimation, placental attachment with variations, fetal membranes and multiple pregnancies Gastrulation (notochord & primitive streak, three germ layers and their parts/derivatives), angiogenesis, neurulation, somites and embryonic age determination based on it, chorionic villi (primary, secondary & tertiary), developmental defects (sacrococcygeal teratoma, neural tube defects) fetal features during fetal period. Determine age of fetus based on these features.	Anato my	Embryology	SGD	OSPE
	Fetal features, fetal age estimation, placental attachmentwith variations, fetal membranes and				OSPE
	multiple pregnancies				
CODE	HISTOLOGY	тс	OTAL HOURS =14	Teaching strategy	Assessment strategy
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		
F-A-048	Describe different types of staining techniques and theirs i g n i f i c a n c e w i t h s p e c i a l emphasis on H&E (Hematoxylin and Eosin) staining		Staining technique	SGD	MCQ'S
			-		
F-A-049	Enlist important features of different parts of light microscope		s Microscope	SGD	OSPE
F-A-049 F-A-050			S	SGD SGD	OSPE MCQ'S SEQ'S
	microscope Identify and draw & label different cell shapes underthe microscope Identify under light microscope and Draw & Label the	Microscopic Anatomy	s Microscope Cell shape		MCQ'S
	microscope Identify and draw & label different cell shapes underthe microscope	Anatomy	s Microscope Cell shape	SGD	MCQ'S SEQ'S

F-A-052	Identify under light microscope and Draw & Label serous & mucous secreting glands under light microscope		Epithelium	SGD	MCQ'S SEQ'S
1 4 032		Microscopic Anatomy			OSPE
F-A-053	Identify under light microscope and Draw & Label the various types of connective tissue		Connective tissue	SGD	MCQ'S SEQ'S
					OSPE

	NORMAL FUNCTION				
	THEORY				
CODE	MEDICAL PHYSIOLOGY		JRS = 40	Teaching strategy	Assessme nt strategy
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	торіс		
F-P-001	Define HomeostasisExplain control system of body by giving examplesDifferentiatebetweenExtracellularandIntracellular FluidsExplainthepositiveandnegativefeedbackmechanisms with examplesExplainthepositivefeedback mechanisms Explainthe significance of feed forward/ adaptivecontrol/delayed negative feedback mechanisms Explainthestructure of cell membraneEnlist the types of cell membrane proteins Enumeratethefunctions of membrane proteinsDefine and enumerate the functions of cell GlycocalyxEnlist membranous and non-membranous organelles Enlist theself-replicative organellesDifferentiate between the functions of smooth and roughendoplasmic reticulumExplain the functions of Golgi apparatus Enlistthe enzymes of lysosomes Explain thefunctions of lysosomes Enlist the enzymes ofperoxisomesEnumeratethe componentsand functionsofperoxisomesEnumeratethe componentsand functionsofcytoskeletonDefine and enlist types of endocytosis Explain themechanism of pinocytosis Classify differenttransportmechanisms	Medical Physiology	Cell Biology	Interactive lecture SGD SDL Interactive lecture SGD SDL	SEQ'S MCQ'S OSVE SEQ'S MCQ'S OSVE
	ComparethecompositionofNa(Sodium),K(Potassium) and Cl (Chloride) in extracellular and intracellular fluidDefine and enlist different types of diffusion Explain the processof facilitated diffusion with the aid of diagramDefine and classify different types of active transportDescribeprimary and secondary active transport withexamplesExplain voltage and ligand gated channels with examplesName Na, K channel Blockers.Discuss functions and significance of Na/K ATPase pump.Enumerate the functions of blood			Interactive lecture SGD SDL Interactive	SEQ'S MCQ'S OSVE SEQ'S
F-P-002	Explain the composition of blood Enumerate theplasma proteins	Medical Physiology	Blood	lecture SGD SDL	MCQ'S OSVE
	Discuss functions of plasma proteins Describe the pathophysiology of edema	-		Interactive lecture	SEQ'S MCQ'S

	Discuss the characteristics of red blood cells]		Interactive	SEQ'S
	Explain different types of Bone marrows Enumerate the different sites of erythropoiesis at different ages Explain the stages of			lecture	MCQ'S OSVE
	erythropoiesis			SGD	PRESENT
	Enumerate factors that regulate erythropoiesis Discuss the site			SDL	ATION
F B 000	and role of erythropoietin in red blood cell production		Red Blood		POSTERS
F-P-003	Explain the significance of vitamin B12 and folic acid		Cells		
	in maturation of red blood cell				
	Enumerate the types of normal hemoglobin in			Interactive	SEQ'S
	different ages of life			lecture	MCQ'S
	Explain the role of Iron in Hemoglobin formation. Define blood indices, give their normal values & enumerate the		Hemoglobin	SGD	PRESENT ATION
	conditions in which these values are	Medical			POSTERS
F-P-004	disturbed	Physiology		SDL	
	Enlist the abnormal types of hemoglobin			Interactive	SEQ'S
				lecture	MCQ'S
	Enumerate the types of white blood cells Describe			Interactive	SEQ'S MCQ'S
	thecharacteristics and functions of Neutrophils Explain the process of defense against invading agent by			lecture	PRESENT
	neutrophils			SGD	ATION
	Define leukocytosis and leukopenia Explain the				POSTERS
	effects of leukemia on body			SDL	
	Explain the process of defense against invading agent by				
	macrophages				
	Discuss different lines of defense during inflammation	-		1	650/6
	Explain the functions of neutrophils and macrophages in spread			Interactive lecture	SEQ'S MCQ'S
	ofinflammation (walling off effect)			iecture	PRESENT
	Define the Reticuloendothelial system Enlist the			SGD	ATION
	different components of Reticuloendothelial system				POSTERS
	Explain the characteristics and functions of basophils Explain the	Medical	White Blood	SDL	
F-P-005	characteristics and functions of eosinophils and enlist conditions in	Physiology	Cells		
	which these cells are raised.				
	Enumerate different blood group types. Explain			Interactive	SEQ'S
	thebasis of ABO and Rh blood system Explain the	Medical	Blood Types	lecture	MCQ'S
F-P-006	Landsteiner law	Physiology	Blood Types	SGD	PRESENT ATION
					POSTERS
				SDL	
	Discuss Components of ANS (Autonomic nervous system)	Medical		Interactive	SEQ'S
	Explain the physiological anatomy of sympathetic and	Physiology		lecture	MCQ'S
	parasympathetic nervous system	Also		SGD	PRESENT
	Describe the types of adrenergic and cholinergic receptors and their functions Explain the effects of sympathetic and	integrate with		500	ATION POSTERS
	parasympathetic on various organs/ system of body	Anatomy	Autonomia	SDL	F USIERS
		part of	Autonomic		
F-P-007		μαιτυί	nervous system		

	PRACTI	C AL			
CODE	PHYSIOLOGY	TOTAL HOURS = 12		Teaching strategy	Assessment strategy
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		
F-P-008	Explain laboratory/clinical procedure to the subject. Obtain verbal consent from subject before starting aprocedure. Reassure the subject after the procedure.		Consent	Demonstration	TABLEVIVA
F-P-009	Determine Erythrocyte Sedimentation Rate andpacked cell volume		RBCs (Red Blood Cells)	Role play Demonstrate on+ performance	OSPE
F-P-010	Determination of blood group	Physiology	Blood Group	Demonstration+ performance	TABLEVIVA OSPE
F-P-011	Interpret Total Leucocyte Count, Differential Leucocyte Count (normal & abnormal) in a CBC (Complete Blood Count) report generated by AutomatedCell Counter Identify various types of WBCs in a prepared DLC (Differential Leukocyte Count)		WBCs (White Blood Cells)	Demonstration+ performance	TABLEVIVA OSPE
	THEORY				
CODE	MEDICAL BIOCHEMISTRY	TOTAL HOURS = 36			Assessment strategy
	SPECIFIC LEARNING OBJECTIVES	DISCIPL INE	TOP IC		
F-B-001	Differentiate between different types of cells. Explain the concept of organization of cells to tissue, tissues to organ, organs to system. Differentiate between the eukaryotic and prokaryotic cell		Structure of cell	Lecture	MCQ'S
F-B-002	Describe the composition and structure of cell on biochemical basis and justify it as fluid mosaic model. Describe the structure and function of cell membrane with particular reference to the role of Lipids Carbohydrates Proteins 	Biochemistr y Cell Biology		SGD Flipped classroom	MCQ'S
				Pa	ge 47

	Explain why the cell membrane is called fluid mosaic			Lecture	SEQ'S
F-B-003	model Discuss the various ways of cell- to-cell communication and tothe environment. Describe cell to cell communications. Cell signaling pathways (only G protein signaling I e. Gs, Gi and Gq) Describe cell to cell adhesion.		Signal transductio n	Interactive lecture Role play	SEQ's MCQ'S
F-B-004	Explain the biochemical markers and importance of subcellular organelles and their inherited disorders especially: 1. cell disease 2. Refsum disease 3. Parkinsonism 4. Progeria		Subcellular organelles	Flipped classroom	SEQ's MCQ'S
F-B-005	Describe the chemistry of purines and pyrimidinesand their linkage in nucleic acid synthesis and their metabolism		Chemistry of purine and pyrimidines	Lecture	SEQ's MCQ'S
F-B-006	Discuss the organization of DNA with special reference to Watson and crick model, composition,structure, role of Pairing Describe the structural forms of DNA		DNA (Deoxy Ribonucleic Acid)	Interactive lecture SGD	MCQ'S
F-B-007	Describe the functions of various small RNAs present	Biochemistry Cell Biology	RNA (Ribonucleic Acid)	Group presentation time	MCQ'S
F-B-008	Explain the structure and nomenclature of nucleotides, biomedical importance of natural and synthetic analogues Interpret the role of synthetic analogues of	Cell Biology	Nucleotides	Interactive lecture SGD	SEQ's MCQ'S
	nucleotides in medicine based on sign/symptoms anddata e.g Methotrexate, 5 Flurouracil and Allupurinol.				
F-B-009	Explain the higher organization of DNA. Difference between DNA, chromatid and chromosome		Chromosome	Interactive lecture Page SGD	e 48

	Explain the structural levels of proteins 1. Differentiate between alpha helix and beta			Interactive lecture	SEQ'S VIVA
	 Classify proteins on the basis of functions, solubility and physicochemical properties 1. Explain its biomedical importance 2. Distinguish between class A and B proteins 			Interactive lecture	SEQ'S VIVA
F-B-011	Classify amino acids based on polarity, nutritional importance and glucogenic/Ketogenic properties Explain the structure, physical, chemical properties ofamino acids and their biomedical importance	-	Amino acids	Interactive lecture	
	Explain the application of enzyme in clinical diagnosis and therapeutic use			TBL	MCQ'S
	 3. PH 4. Enzyme concentration Explain the regulation of enzymatic activity (Michaelis Menten and Line weaver Burk's equation). Discuss inhibitors of enzymatic activity (with special reference to Km/V max) 	Biochemistry Cell Biology		Interactive lecture	SEQ'S MCQ'S
-B-010	Describe enzymes with reference to: 1. Active sites 2. Specificity 3. Catalytic efficiency 4. Cofactor 5. Coenzyme 6. Holoenzyme 7. Apoenzyme 8. Prosthetic group 9. Zymogens 10. Location Classify enzymes according to the reaction they catalyze and their nomenclature Explain the mechanism of enzyme action from reactants to products (catalysis). Discuss the effect of various factors on enzymatic activity: 1. Substrate concentration 2. Temperature		Enzymes	Interactive lecture Interactive lecture Interactive lecture	SEQ'S VIVA VIVA MCQ'S SEQ'S

	 Describe the role of chaperons in protein folding 1. Interpret disorders related to proteinmisfolding on basis of given data 2. Describe the biochemical basis of Alzheimer's disease/ prion disease 	Biochemistr y Cell Biology		Interactive lecture	SEQ'S VIVA
F-B-13	Classify and explain the bio-chemical role of each class of plasma proteins		Plasma proteins	Interactive lecture	SEQ'S
F-B-14	 Explain the structure and biochemical role of immunoglobulins 1. Describe the production, structure and functions of B cells, plasma cells, and antibodies (IgA, IgD, IgE, IgG, and IgM). 2. Discuss the functions of the cytokines (Interleukins (ILs), Tumor Necrosis Factor (TNFs), IFs, Platelet derived growth factor (PDGF), and Platelet activating factor (PAF)). 3. Interpret multiple myeloma on basis of given data 		Immunoglobulins	Interactive lecture	SEQ'S TBL

CODE	BIOCHEMISTRY	TOTAL	HOURS = 09	Teaching strategy	Assessment strategy
	SPECIFIC LEARNING OBJECTIVES	DISCIP LINE	ΤΟΡΙϹ		
F-B-015	Demonstrate the step taken to prevent or rectify theLaboratory Hazards		Lab hazards	Demonstrati on	OSPE
F-B-016	Identify the structure of cells under microscope	-	cell	Demonstrati on+ performance	OSPE TABLE VIVA
F-B-017	Identify the methods of isolation of cell organelles'	Biochemistry	Cell organelles		OSPE TABLE VIVA
F-B-018	Identify the different parts of equipment i.e., centrifuge, Microlab, Electrophoresis, Hot Oven, water bath		Equipment	Demonstrati on+ performance	OSPE TABLE VIVA
F-B-019	Detection of amino acids by paper chromatography		Chromatography Solutions	Demonstrati on+ performance	OSPE TABLE VIVA
	Prepare different types of solution Molar, Molal, Normal and %	-		Demonstrati on+ performance	OSPE TABLE VIVA
	THEORY	•			
CODE	PATHOLOGY	ΤΟΤΑ	L HOURS = 12	Teaching strategy	Assessment strategy
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		
F-Pa-001		General Pathology	Cell Injury	Interactive lecture	MCQ'S
	Discuss the causes of cell injury. Identify the types of cell injury. Describe the mechanism of cell injury. Identify the types of cell death.Define necrosis and apoptosis.Describe different types of necrosis. Compare apoptosis with necrosis. Identify different types and mechanism of cellular adaptations to stress Discuss the mechanism and types of intracellular				

F-Pa-002 F-Pa-003	Enumerate the microbes causing infectious diseases.Describe the structure of bacterial cell Differentiate cell walls of gram positive and gram- negative bacteria. Compare the structure of bacterial cell and virus Discuss the growth curve of bacteria. Enlist steps of viral replication Identify types of bacterial infections Enlist stages of bacterial pathogenesis Discuss the determinants of bacterialpathogenesis Define sterilization and disinfection. Describe the principles of sterilization anddisinfection. Describe clinical uses of common disinfectants and their mode of sterilization Discuss physical and chemical agents of sterilization	General Microbiology	Introduction to Microorganisms Sterilization & Disinfection	Interactive lecture Interactive lecture Interactive lecture	MCQ'S MCQ'S MCQ'S Activity
	PHARMACOLOGY	AND THERAPE	UTICS		
	THE	ORY			
CODE	SPECIFIC LEARNING	TOTAL	HOURS = 04	Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPL INE	ΤΟΡΙϹ		
F-Ph-001	Definitions of Pharmacology, drug, pro-drug, placebo, active principles, sources of drugs; Brief outline of Absorption, Distribution, Metabolism and Excretion	General Pharmacology	Absorption, Distribution, Metabolism and Excretion of drugs	Interactive lecture	MCQ'S
F-Ph-002	Definitions of receptor, agonist, partial agonist, inverse agonist, antagonist and types of receptors and second messengers; Diagrammatic concept of signaling mechanisms		Basic terminologies of Pharmacology	Interactive lecture	MCQ'S
	Pharmacological aspects of Autonomic Receptors (types of autonomic receptors, important sites and	General Pharmacology	Autonomic System	Interactive lecture	MCQ'S
F-Ph-003	actions)				
	COMMUNITY MEDIC	INE & PUBLIC	HEALTH		
	THE	ORY			
CODE	SPECIFIC LEARNING	TOTAL	HOURS = 08	Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPL	ΤΟΡΙΟ		

F-CM-001	Describe the changing concepts and new philosophyof health Explain responsibility for health		-	Interactive lecture	MCQ'S
F-CM-002	Development Index	Community Medicine _and Public	Positive Health Dimensions, Health Determinants	Interactive lecture	MCQ'S
F-CM-003		Health		Interactive lecture	MCQ'S
F-CM-004		Community Medicine and Public		Interactive lecture	MCQ'S
	Explain Germ theory & multifactorial causation Describe Epidemiological Triad Discuss Web of disease causation Describe Gradient of infection	Health		Interactive lecture	MCQ'S
F-CM-005	Describe disease surveillance, types and cycle Explain Primary, secondary, & tertiary prevention	Community Medicine and Public Health	Disease Prevention	Interactive lecture	MCQ'S
IMPACT (EPIDEMIOLOGY, SOCIOLOGY/SOCIETY, COMMUNITY MEDICI	NE & PUBLIC HE	ALTH)		_
	THEORY				
CODE	SPECIFIC LEARNING			Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPLI NE	ΤΟΡΙϹ		
F-BhS- 001	Identify the Biological Basis of human behavior and discuss social behavior Describe processes such as neurobiology of memory, emotions, sleep, learning, motivation, sex, arousal, reward and punishment		U	Interactive lecture	мсq's Page 53

F-BhS- 002	Identify the burden of mental illness on the person,family and society Describe Intellectual disability, Mental Disorders and Personality Disorders	Behavioral Sciences	Psychological Disorders	Interactive lecture	MCQ'S
F-BhS- 003	Identify the role of psychosocial factors in various illnesses Describe psychosocial aspects of various system diseases such as Cardio-vascular system (CVS), Central Nervous System (CNS), Gastro IntestinalTract (GIT), Respiration, renal, endocrine and Cancer		Psychology and Disease	Interactive lecture	MCQ'S
F-BhS- 004	Identify the behavioral factors associated with pharmacological treatment of diseases Discuss Health belief model, treatment complianceand its psychosocial factors, social factors in drugs prescription and drug resistance		Behavioral Factors & Pharmacological Treatment	Interactive lecture	MCQ'S
F-BhS- 005	Identify the rehabilitation work for patients on dialysis and any kind of physical disability Discuss the care requirements in chronic debilitating conditions like Diabetes, Multi-infarcts Dementia, chronic renal disease, limb amputation		Palliative Care	Interactive lecture	MCQ'S
F-BhS- 006	Identify the various physiological effects of stress Explain ANS response to stress, Describe Behavioural manifestations of stress, Stressrelated multiple sclerosis and autoimmune diseases	Behavioral Sciences	Stress	Interactive lecture	MCQ'S
	AG	iING			
	THE	ORY			
CODE	SPECIFIC LEARNING	тот	AL HOURS = 01	Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPL INE	ΤΟΡΙϹ		
F-Ag- 001	Discuss telomeres and telomerase and their clinical significance in aging.	Geriatrics Integrate with Biochemistry	Process of Aging	Interactive lecture	MCQ'S



Module Weeks	Recommended Minimum
	Hours
08	223

Time Table with Assessment Schedules

Week 1 Theme: Orientation

Day	08:30 - 09:30	09:	30- 11:00		11:00-12:00	12:00-01:30	01.30-2.30			
Monday	Receiving Kit	ceremony, studen	dress, White Coat Introduction of ts and HOD Auditorium	Departm	ent of medical education Lecture Hall	Campus Tour	Refreshments			
		08:00-11:	00			11:30-02:30				
Tuesday	IT\Library <u>Muhamma</u> <u>d Nadir/</u> <u>Abdul</u> <u>Razzaq</u>	Group Dynamics & Leadership Dr. Syed <u>Hasan</u> <u>Shoaib</u>	Study Skills Dr. Sadaf Sajid 11:0		IT\Library Muhammad Nadir/ Abdul Razzaq	Leadership Study Ski Dr. Sved Hasan Dr. Sadaf S Vadir/ Shooib				
	Group 1	Group 2	Group 3	0-	Group 2	Group 3	Group 1			
Wednesday	IT\Library	Group Dynamics & Leadership		Brea k	Brea	0 udy Skills Brea	0 Study Skills Brea		Group 1-2-3 Anatomy Group-2 Biochemistry Group- 3 Physiology Group-1	lepartment in three Anatomy Group-3 Biochemistry Group-1 Physiology Group-2
	Group 3	Group 1	Group 2		11:30-12:30	12:30-1:30	1:30-02:30			
	Group 5	Oloup I	Gloup 2		Venue: Anatomy	- Physiology- Biochemis	try Departments			
		08:00-11:	00			11:30-02:30				
Thursday		Meet the Mer			Introduction of co-curricular clubs/committees	Introduction of co-curricular clubs/committees Lecture Hall	Open Session with students			
Friday		08-00-12.0		sit to Hospit	Lecture Hall	Lootare Han	12.00.01.00			
			Medical facili				12:00-01:00			
			Introduction	ı to Foundat	ion Module		Jumma Prayer			

Detail of Group A, B, C (for visit to cli	Detail of Group A, B, C (for visit to clinical and basic science departments)								
Group	Roll #								
1	1-33								
2	34-66								
3	67-100								
Venue for W	/orkshops:								
IT/ Library	IT lab (QMC)								
Study Skills	Tutorial Room 1 (QMC)								
Group Dynamics and Leadership	Tutorial Room 2 (QMC)								

Week 2-Theme: Cellular Basis of Life

Days	8:00-9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:45	1:45 - 3.00
Monday	Medical Education Workshop F-O-007 + PERLs 1-07 Personal Development Plan + Strategic Planning Dr. Shoaib	Physiology LGIS F-P-001 Structure of Cell Membrane/ membrane protein types & functions Prof. Tanzeela Waqar	Biochemistry LGIS F-B-001+F-B-002 Structure of a cell + Biochemical Basis of Structure and Function of Cell Dr. Hassan	General Anatomy SGIS F-A-002 Osteology: Bones Classification Dr. Naeem Shehzad	Break	Com. Medicine LGIS F-CM-002 Health Determinants Dr. Rizwan ullah	Physiology LGIS Cellular organelles Dr. Tanzila	Practical Batch A: Anatomy Histology A: Anatomy F- 040+048+ 049+050 Microscopy basics Batch B: Physiology: F-P- 008: Lab Use protocol. Batch C: Biochemistry F- B- 015 Lab hazards Batch D: Clinical Skill Lab Hand washing All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch B: Physiology F-P-001 Cell organelles. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical Anatomy F- 040+048+ 049+050 Microscopy basics All Demo	Physiology LGIS F-P-001+F-A-042 Cytoskeleton, structure, and function Prof. Tanzeela Waqar	PERL Workshop PERLs1-02 Communication Skills Dr. Shoaib	Behavioural Sciences Hands-On Session F-O-007 Metacognitive Strategies for Learning Prof. Dr. Altaf Qadir		Behavioural Sciences LGIS F-BhS- 006 Stress Management Techniques/ ANS response to stress, behavioral Manifestations Prof. Dr. Altaf Qadir	Histology/Pathology LGIS F-A-042 Histological basis of immotile cilia syndrome, cytoplasmic Inclusions Prof. M. Yasoob	Practical Batch B: Anatomy Histology A: Anatomy F- 040+048+ 049+050 Microscopy basics Batch C: Physiology: F-P- 008: Lab Use protocol. Batch D: Biochemistry F- B- 015 Lab hazards Batch A: Clinical Skill Lab Hand washing All Demo
Wednesday	SGIS Batch B : Anatomy F-A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P-001 Cell organelles. Batch D: Biochemistry: : F-B- 002 Cell Membrane Batch A: Anatomy Practical Anatomy F- 040+048+ 049+050 Microscopy basics All Demo	Physiology LGIS F-P-001 + F-A-042 SER, RER, Golgi bodies Prof. Tanzeela Waqar	Biochemistry LGIS F-B-002+F-A-041 Stru. Function of Cell membrane with role of lipids, carbohydrates & Proteins Dr. Gul-e-Raana	General Anatomy SGIS F-A-002 Osteology: Features of long bone + ty of epiphyses Dr. Naeem Shehzad	pes	Mentoring Ses	sion	Practical Batch C: Anatomy Histology A: Anatomy F- 040+048+ 049+050 Microscopy basics Batch D: Physiology: F-P- 008: Lab Use protocol. Batch A: Biochemistry F- B- 015 Lab hazards Batch B: Clinical Skill Lab Hand washing All Demo
Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P-001 Cell organelles. Batch A: Biochemistry: F-B- 002 Cell Membrane Batch B: Anatomy Practical Anatomy F- 040+048+049+050 Microscopy basics All Demo	Physiology LGIS F-P-001 + F-A-042 Lysosomes, peroxisomes Dr. Shaista	Biochemistry LGIS F-B-002 + F-A-041 Fluid Mosaic Model Dr. Gul-e-Raana	Com. Medicine LGIS F-CM-003 Health Indicators Demos		Pathology LGIS F-Pa-001 Cell Injury Prof. Farooq Aziz	Histology LGIS F-A-042+043 Cell Nucleus+ DNA/RNA Prof. M. Yasoob	Practical Batch D: Anatomy Histology A: Anatomy F- 040+048+ 049+050 Microscopy basics Batch A: Physiology: F-P- 008: Lab Use protocol. Batch B: Biochemistry F- B- 015 Lab hazards Batch C: Clinical Skill Lab Hand washing All Demo
i r F	8:00- 9:00	9:00-9:40	9:40- 10:20	10:20-11:00 11:00- 11:20	11:20-03:00			

Timetable 1st Year MBBS (Session-2024-25)

SGIS	Physiology	Biochemistry LGIS	Pathology LGIS	Break	
Batch D: Anatomy F-A-	LGIS	F-B-002+F-A-041	F-Pa-002 + F-A-043		
002+009 Fractures + Healing +	F-P-001	Fluid Mosaic Model	Cell death		Integrated Seminar
imaging.	Endocytosis Pinocytosis	Dr. Gul-e-Raana	Prof. Farooq Aziz		hv
Batch A: Physiology F-P-001	Dr. Shaista				Medical Education Department
Cell organelles.					Medical Education Department
Batch B: Biochemistry: F-B-002					
Cell Membrane					
Batch C: Anatomy Practical					
Anatomy F- 040+048+ 049+050					
Microscopy basics					
All Demo					

Week 3 -Theme: Cell Signaling and transport

Days	8:00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:45	1:45 - 3.00
Monday	Test Physiology All Faculty	Physiology LGIS F-P-001 Transport Mechanisms Classification Dr. Usama	Biochemistry LGIS F-B-003 Cell to Cell Communicatio n Dr. Hassan	Anatomy LGIS F-A-004 Arthrology: Synovial Joints + joint injuries + diseases Dr. Nacem Shahzad	Break	Pharmacology LGIS Orientation F-Ph002 Basic Terminology on Pharmacology Dr. Fauzia	Embryology LGIS F-A-011 Spermatogenesis + abnormal gametes Dr. M. Amin	Practical Batch A: Anatomy Histology Anatomy F-A-051-Epithelia - 1-4 Batch B: Physiology: Physiology F-P-009: ESR Batch C: Biochemistry F-B- 016 Cell Structure Batch D: Clinical Skill Lab Radial Pulse All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch B: Physiology F-P-001 Cell organelles. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical F-A-051-Epithelia- 1-4 All Demo	Physiology LGIS F-P-001 Diffusion Dr. Usama	Biochemistry LGIS F-B-003 Cell to cell communicatio n Dr. Hassan	Embryology/O bgyn LGIS Spermiogenesis Dr Amin		PERL Workshop PERLs1-03 Responsibility towards institutions and profession Dr. Shoaib	Embryology LGIS F-A-012 Oogenesis: Prenatal and Postnatal maturation of oocytes Dr. M. Amin	Practical Batch B: Anatomy Histology Anatomy F-A-051-Epithelia- 1-4 Batch C: Physiology: Physiology F-P-009: ESR Batch D: Biochemistry F-B- 016 Cell Structure Batch A: Clinical Skill Lab Radial Pulse All Demo
Wednesday	SGIS Batch B : Anatomy F- A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P-001 Cell organelles. Batch D: Biochemistry: : F-B- 002 Cell Membrane Batch A: Anatomy Practical F-A-051-Epithelia- 1-4 All Demo	Physiology LGIS F-P-001 Active Transport Dr. Usama	Biochemistry LGIS F-B-003 Cell Signalling pathways Dr. Gul e Raana	Com. Medicine LGIS F-CM-004 Disease Causation Dr. Amber Arshad		Behavioural Sciences LGIS F-BhS-002 Psychological Disorder Prof. Dr. Altaf Qadir	Histology LGIS F-A-044 Epithelium- basement membrane + intracellular junctions+ Biolateral Modification Dr. M. Yasoob	Practical Batch C: Anatomy Histology Anatomy F-A-051-Epithelia - 1-4 Batch D: Physiology: Physiology F-P- 009: ESR Batch A: Biochemistry F-B- 016 Cell Structure Batch B: Clinical Skill Lab Radial Pulse All Demo
Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P-001 Cell organelles. Batch A: Biochemistry: F-B-002 Cell Membrane Batch B: Anatomy Practical F-A-051-Epithelia- 1-4 All Demo	Physiology LGIS F-P-001 Gated Channels/ Na/ATPase Pump Dr. Shaista	Biochemistry LGIS F-B-003 Cell Signaling pathways Dr. Gul e Raana	Behavioural Sciences LGIS		Quran Describe Unity of Allah in being Ms. Ulfat	Pathology LGIS Necrosis Dr. Zubaira	Practical Batch D: Anatomy Histology Anatomy F-A-051-Epithelia-1-4 Batch A: Physiology: Physiology F-P-009: ESR Batch B: Biochemistry F-B- 016 Cell Structure Batch C: Clinical Skill Lab Radial Pulse All Demo

	8:00- 9:00	9:00-9:40	9:40-10:20	10:20-11:00	11:00-11:40	11:40-12:20	12:20-01:00	01:00 1:30	1:30-3:00
	SGIS Batch D: Anatomy F-A- 002+009	Physiology LGIS F-P-002	Biochemistry LGIS	Pathology LGIS F-Pa-001	Break	Anatomy Dissection F-A-004	Physiology LGIS	Jumm a Prayer	
	Fractures + Healing + imaging.	Blood: Functions	F-B-003	Apoptosis + clinicopathological		Arthrology: Joint	Gated Chanels 2	·	Self-Directed
	Batch A: Physiology F-P-001 Cell	&Composition	Cell to cell	Terms		classification	Dr. Shaista Husain		Learning
	organelles.	Prof. Tanzeela	adhesions	Dr. Zubairia		Dr. M. Amin			_
	Batch B: Biochemistry: F-B-002 Cell	Waqar	Dr. Hassan						
	Membrane								
lay	Batch C: Anatomy Practical								
nic	F-A-051-Epithelia- 1-4								
I	All Demo								

Week 4 Theme: Basis of proteins + nucleotides

Days	8:00- 9:00	9:00 - 9:45	9:45- 10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:45	1:45 - 3.00
Monday	Test Anatomy All Faculty	Physiology LGIS F-P-002 Plasma Protein: Types & Functions Dr. Shaista	Biochemistry LGIS F-B-004 Subcellular organelles – Biochemical markers & Imp. Dr. Hassan	Anatomy LGIS F-A-006 Myology Dr. Naeem Shahzad	Break	ISLAMIYAT Understand the basic principles of Islam. Ms. Ulfat	PERL Workshop PERLs1-04 Teamwork Dr. Shoaib	Practical Batch A: Anatomy Histology F-A-051 Epithelia- 5-8 Batch B: Physiology: F-P- 009: Packed Cell Volume Batch C: Biochemistry F-B-017 Cell Organelles Batch D: Clinical Skill Lab Respiratory Rate measurement All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch B: Physiology F-P-001 Cell organelles. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Physiology LGIS F-P-002 Edema: Pathophysiology Dr. Shaista	Biochemistry LGIS F-B-005 Chemistry of purine & pyramidine Dr. Gul e Raana	Embryology/O bgyn LGIS Gamete abnormalities Dr. Amin		Embryology/O bgyn LGIS F-A-015 Female reproductive Cycle Dr. Nacem Shahzad	Embryology LGIS F-A-016 Transportation of gametes Dr. M. Amin	Practical Batch B: Anatomy Histology F-A-051 Epithelia- 5-8 Batch C: Physiology: F-P- 009: Packed Cell Volume Batch D: Biochemistry F-B-017 Cell Organelles Batch A: Clinical Skill Lab Respiratory Rate measurement All Demo
Wednesday	SGIS Batch B : Anatomy F-A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P-001 Cell organelles. Batch D: Biochemistry: : F-B- 002 Cell Membrane Batch A: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Physiology LGIS F-P-002 RBCs Characteristics + Bone Marrow types Dr. Usama	Biochemistry LGIS F-B-005 Linkage of purine & pyrimidine link with NA Synthesis Dr. Gul e Raana	Pak Study Describe brief the salient features of the Pakistan movement (1)		Com. Medicine LGIS F-CM-005 Disease Prevention Dr. M. Irfan	Histology LGIS F-A-045 Connective Tissue- Constituents + Classification Dr. M. Yasoob	Practical Batch C: Anatomy Histology F-A-051 Epithelia- 5-8 Batch D: Physiology: F-P- 009: Packed Cell Volume Batch A: Biochemistry F-B-017 Cell Organelles Batch B: Clinical Skill Lab Respiratory Rate measurement All Demo

Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P-001 Cell organelles. Batch A: Biochemistry: F-B- 002 Cell Membrane Batch B: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	Physiology LGIS F-P-002 Erythropoiesis stages + factors Prof. Tanzeela Waqa	Biochemistry LGIS F-B-005 Purine & pyrimidine metabolism Dr. Gul e Raana	Com. Medicine LGIS F-CM-005 Disease Prevention Dr. Sadia Shahzad		Quran Describe Unity of Allah in attributes Ms. Ulfat	Pathology LGIS Intracellular equitation Dr. Gazala	Epithelia- 5-8 Batch A: Physio Cell Volume Batch B: Bioche Organelles	my Histology F-A-051 logy: F-P- 009: Packed emistry F-B-017 Cell al Skill Lab Respiratory nt
Friday	8:00- 9:00 SGIS Batch D: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch A: Physiology F-P-001 Cell organelles. Batch B: Biochemistry: F-B- 002 Cell Membrane Batch C: Anatomy Practical F-A-051 Epithelia- 5-8 All Demo	9:00-9:40 Physiology LGIS F-P-002 Erythropoietin Prof. Tanzeela Waqa	9:40-10:20 Biochemistry LGIS F-B-006 DNA Organization Dr. Hassan	10:20-11:00 Pathology LGIS F-Pa-003 Pathological calcifications Dr. Gazala	11:00-11:40 Break	11:40-12:20 Behavioural Sciences LGIS F-BhS-003 Psychology and Disease Prof. Dr. Altaf Qadir	12:20-01:00 Anatomy LGIS F-A-008 Neurology: Structure of neuron + classification Dr. Nacem Shahzad	01:00 1:30 Jumma Prayer	1:30-2:30 Self-Directed Learning

Week 5 Theme: Embryo Development

	8:00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:45	1:45 - 3.00
Monday	Test Biochemistry All Faculty	Physiology LGIS F-P-002 B12 and folic acid in red cell maturation Prof. Tanzeela Waqar	Biochemistry LGIS F-B-006 Structural forms of DNA Dr. Hassan	Anatomy- Movement and synovial joints Dr. Neam		Embryology LGIS F-A-017 Gamete Transport Prof. M. Amin	Histology CT – Functions Dr. Yaqub	Practical Batch A: Anatomy Histology F-A-052 Secretory glands Batch B: Physiology: F-P-010: Blood Group Determination Batch C: Biochemistry F-B-018 Cell Equipment Batch D: Clinical Skill Lab Blood Pressure All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch B: Physiology F-P-001 Cell organelles. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical F-A-052 Secretory glands All Demo	Physiology LGIS F-P-004 Hemoglobin in different ages, Normal indices, Enlist abnormal Hb Dr. Shaista	Biochemistry LGIS F-B-007 RNA Structure and Types Dr. Hassan	Pharmacology LGIS F-Ph002 Pharmacokinetics Dr. Waleed	Break	Embryology LGIS F-A-017 Capacitation and Acrosome Reaction Prof. M. Amin	Com. Medicine LGIS Calculate morbidity and mortality indicators Dr. Irfan	Practical Batch B: Anatomy Histology F-A-052 Secretory glands Batch C: Physiology: F-P-010: Blood Group Determination Batch D: Biochemistry F-B-018 Cell Equipment Batch A: Clinical Skill Lab Blood Pressure All Demo

Timetable 1st Year MBBS (Session-2024-25)

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Wednesday	SGIS Batch B : Anatomy F-A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P-001 Cell organelles. Batch D: Biochemistry: : F- B-002 Cell Membrane Batch A: Anatomy Practical F-A-052 Secretory glands All Demo	Physiology LGIS F-P-004 Role of iron in Hb formation Dr. Shaista	Biochemistry LGIS F-B-007 RNA Types: Structure & Function Dr. Hassan	Histology LGIS F-A-045 Connective Tissue- Ground Substance + Glycosaminoglycans + Fibers – Define fibrosis Dr. M. Amin		Embryology LGIS Fertilization IVF and infertility Dr. Amin	Pak Study Describe brief the salient features of the Pakistan movement (2)	glands Batch D: Physiolo Determination	y Histology F-A-052 Secretory gy: F-P-010: Blood Group histry F-B-018 Cell Skill Lab
Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P- 001 Cell organelles. Batch A: Biochemistry: F-B- 002 Cell Membrane Batch B: Anatomy Practical F-A-052 Secretory glands All Demo	Physiology LGIS F-P-005 WBC types- Neutrophils: characteristics & Functions Prof. Tanzeela Waqar	Biochemistry LGIS F-B-008 Nucleotides- Nomenclature & Structure Dr. Gul e Raana	PERL Workshop P ERLs1-04 Digital Identity and Footprint Dr. Sadaf Sajid		Embryology LGIS Cleavage and blastocyst formation Dr. Naem	Islamyat Explain the concept of the Islamic state Ms. Ulfat	glands Batch A: Physiolo Determination	y Histology F-A-052 Secretory gy: F-P-010: Blood Group nistry F-B-018 Cell Skill Lab
	8:00- 9:00	9:00-9:40	9:40- 10:20	10:20-11:00	11:00-11:40	11:40-12:20	12:20-01:00	01:00 1:30	1:30-2:30
Friday	SGIS Batch D: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch A: Physiology F-P- 001 Cell organelles. Batch B: Biochemistry: F-B- 002 Cell Membrane Batch C: Anatomy Practical F-A-052 Secretory glands All Demo	Physiology LGIS F-P-005 Defense process by neutrophils+ Leukocytosis + Leukopenia Dr. Usama	Biochemistry LGIS F-B-008 Nucleotides – Biomedical Importance Dr. Hassan	Pathology LGIS F-Pa-002 Sterilization and disinfection Dr. Ashraf	Break	Behavioural Sciences LGIS F-BhS-004 Behavioural factors and Pharmacologic al Treatment Prof. Dr. Altaf Qadir	Embryology LGIS F-A-020 Compaction + morula formation- Basis of abortion(villi) Dr. M. Amin	Jumma Prayer	Self-Directed Learning

Week 6 Theme: Implantation and defects

	8:00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-	11:45 - 12:30	12:30-1:45	1:45 - 3.00
					11:45			
		Physiology	Biochemistry	Ageing LGIS	Break	Histology	Embryology	Practical
	Test	LGIS	LGIS	Theories of Aging		LGIS	LGIS	Batch A: Anatomy Histology F-A-
	Anatomy	F-P-005	F-B-009	Dr. Hassan		F-A-045	F-A-021	053 Connective Tissue
×.	All Faculty	Defence process by	Chromosome			Role of macrophages in innate	Week 2: Amniotic cavity,	Batch B: Physiology: F-P-011: TLC/DLC
ıday		macrophages	Dr. Hassan			immunity- Mast cells	embryonic disc + umbilical	Interpretation
lor		Dr. Usama				Dr. Naeem	vessels- Chorionic sac	Batch C: Biochemistry F-B-019
~							Dr. M. Amin	Chromatography
								Batch D: Clinical Skill Lab
								Donning and Doffing
								All Demo
	SGIS	Physiology	Biochemistry	Com. Medicine LGIS		Anatomy	Embryology	Practical
day	Batch A: Anatomy F-A-	LGIS	LGIS	Disability indicators		LGIS	LGIS	Batch B: Anatomy Histology F-A-
esc	002+009 Fractures + Healing	F-P-005	F-B-010	Dr. Irfan		F-A-022	F-A-023	053 Connective Tissue
Tu	+ imaging.	Lines of defense: Role of				Uteroplacental circulation		Batch C: Physiology: F-P-011: TLC/DLC
		neutrophils & macrophages				Dr. Naeem		Interpretation

	Batch B: Physiology F-P- 001 Cell organelles. Batch C: Biochemistry: F- B-002 Cell Membrane Batch D: Anatomy Practical -A- 053 Connective Tissue All Demo	Dr. Usama	Enzymes Classification + Mechanism of Action Dr. Gul e Raana				Primitive streak + gastrulation- sacrococcygeal teratoma Dr. M. Amin	Batch D: Bioch Chromatography Batch A: Clinic Donning and Do All Demo	al Skill Lab
Wednesday	SGIS Batch B : Anatomy F-A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P- 001 Cell organelles. Batch D: Biochemistry: : F- B-002 Cell Membrane Batch A: Anatomy Practical -A-053 Connective Tissue All Demo	Physiology LGIS F-P-005 Reticuloendothelial System Prof. Shireen	Biochemistry LGIS F-B-010 Enzymes with reference to other factors Dr. Gul e Raana	Behavioral Sciences LGIS		Anatomy/Physiology/ Biochemistry/Obgyn F-A- 021 Case Based Learning Abnormal / Extrauterine implantation- Molar- Ectopic Dr. M. Amin	Embryology LGIS Ectopic Pregnancy Dr. Amin	053 Connective Batch D: Physic Interpretation	ology: F-P- 011: TLC/DLC emistry F-B-019 al Skill Lab
Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P- 001 Cell organelles. Batch A: Biochemistry: F- B-002 Cell Membrane Batch B: Anatomy Practical -A- 053 Connective Tissue All Demo	Physiology LGIS F-P-005 Basophils & Eosinophils Dr. Shaista	Biochemistry LGIS F-B-010 Effect of factors on enzyme activity Dr. Gul e Raana	Pharmacology LGIS Pharmacodynamics Dr. Meneza		Mentorin	g Session	053 Connective Batch A: Physic Interpretation	ology: F-P- 011: TLC/DLC emistry F-B-019 al Skill Lab
	8:00- 9:00	9:00-9:40	9:40- 10:20	10:20-11:00	11:00- 11:40	11:40-12:20	12:20-01:00	01:00- 1:30	1:30-2:30
Friday	SGIS Batch D: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch A: Physiology F-P- 001 Cell organelles. Batch B: Biochemistry: F- B-002 Cell Membrane Batch C: Anatomy Practical -A- 053 Connective Tissue All Demo	Physiology LGIS F-P-006 Blood Groups Classification + Landsteiner Law Dr. Shaista	Biochemistry LGIS F-B-010 Regulation and inhibitors of enzyme activity Dr. Gul e Raana	Pathology LGIS F-Pa-002 Microbes Dr. Ambreen Nawaz	Break	Embryology / Paedriatics LGIS F-A-026 Mesodermal Derivatives + somite formation + Formation of Intra- embryonic coelom Dr. M. Amin		Jumma Prayer	Self-Directed Learning

Week 7 Theme: Fetal period

All Demo

8:00-9:00

Frid ay 9:00-9:40

9:40-10:20

	8:00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:45	1:45 - 3.00
	8:00- 9:00	9:00 - 9:43	9:45-10:50	10:30 - 11:15	11:15-11:45	11:45 - 12:50	12:30-1:43	1:45 - 5.00
Monday	Test Physiology All Faculty	Physiology LGIS F-P-006 Basis of ABO Blood group + Basis of Rh Blood group Dr. Usma	Biochemistry LGIS Michelis Menten Equ Dr. Gul e Ranna	Physiology LGIS ABO incompatibility Dr. Usama	Break	Histology LGIS F-A-045 Adipose Tissue Lipid Storage + mobilization from /in adipocytes Dr. M. Yasoob	Anatomy/Obgy/Pead LGIS F-A-029 + 030+ 031 Derivatives of ecto/endo/mesoderm + Regulation of embryonic development+2 nd Month Dr. Naeem	Practical Batch A: Anatomy Histology Re A- 047: Embryonic/Fetal identif+Placenta+ USG report + Dates. Batch B: Physiology: F- P-011: WBCs - Slide Batch C: Biochemistry F-B-019 Solutions Batch D: Clinical Skill Lab SDL All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch B: Physiology F-P-001 Cell organelles. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. All Demo	Embryology /Obgyn LGIS F-A-028 Cephalocaudal folding/lateral folding/folding of embryo Prof. M. Amin	Physiology LGIS Rs. Incompatibility Dr. Usama	Biochemistry LGIS Enzyme Inhibitors Dr. Gul e Raana		Com. Medicine LGIS Multi factorial causation Dr. Amber	Embryology LGIS F-A-034 Placenta, Placental membrane, circulation+ Hemolytic disease Dr. M. Amin	Practical Batch B: Anatomy Histology Re A- 047: Embryonic/Fetal identif+Placenta+ USG report + Dates. Batch C: Physiology: F- P-011: WBCs - Slide Batch D: Biochemistry F-B-019 Solutions Batch A: Clinical Skill Lab SDL All Demo
Wednesday	SGIS Batch B : Anatomy F-A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P-001 Cell organelles. Batch D: Biochemistry: : F-B-002 Cell Membrane Batch A: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates. All Demo	Physiolog y LGIS F-P-007 Autonomic Nervous System – Components + Physiological anatomy: SN and PNS Prof. Tanzeela Waqar	Pathology LGIS Microbes Dr. Ambreen	Physiology LGIS Sympathetic Nervous System Dr. Tanzeela		Pharmacology LGIS Pharmacodynamics Dr. Meneza	Embryology/Obgyn LGIS F-A-032+033 Embryonic Period/fetal growth Dr. M. Amin	Practical Batch C: Anatomy Histology Re A- 047: Embryonic/Fetal identif+Placenta+ USG report + Dates. Batch D: Physiology: F- P-011: WBCs - Slide Batch A: Biochemistry F-B-019 Solutions Batch B: Clinical Skill Lab SDL All Demo
Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P-001 Cell organelles. Batch A: Biochemistry: F-B-002 Cell Membrane Batch B: Anatomy Practical Re A-047: Embryonic/Fetal identif+Placenta+ USG report + Dates.	Expository Writing To write expository essays using planning, prewriting, organizing, drafting, revising, editing, and proofreading strategies.	IT Word, Google Docs), internet search strategies, and using online libraries (e.g., PubMed, Google Scholar).	Quran Describe concept of Shirk (1) Ms. Ulfat		Anatomy LGIS F-A-008 Neurology: Neuron structure and classification Components of CNS and PNS Dr. Naeem	Embryology/Obgyn LGIS F-A-035+036+037 Amniotic fluid+ amniocentesis+ AF abnormalities Multiple pregnancies and Preterm Birth Dr. M. Amin	Practical Batch D: Anatomy Histology Re A- 047: Embryonic/Fetal identif+Placenta+ USG report + Dates. Batch A: Physiology: F- P-011: WBCs - Slide Batch B: Biochemistry F-B-019 Solutions Batch C: Clinical Skill Lab SDL

10:20-11:00

11:00-11:40

11:40-12:20

1:30-2:30

All Demo

01:00-- 1:30

12:20-01:00

Timetable 1st Year MBBS (Session-2024-25)

SGIS	Biochemistry LGIS	Biochemistry	Pathology	Break	Embryology LGIS	Jumma Prayer	Self-Directed
Batch D: Anatomy F-A- 002+009	F-B-013	LGIS	LGIS		F-A-039		Learning
Fractures + Healing + imaging.	Plasma Proteins	F-B-014	Bacterial Cell Vs viral		Teratology, genomic imprinting, genetic		
Batch A: Physiology F-P-001 Cell	Dr. Hasan	Immunoglobins +	Replication		mutations, genetic factors, male-		
organelles.		Interpret Multiple	Dr. Sheama		mediated defects		
Batch B: Biochemistry: F-B-002 Cell		Myeloma			Dr. M. Amin		
Membrane		Dr. Faheem					
Batch C: Anatomy Practical							
Re A-047: Embryonic/Fetal							
identif+Placenta+ USG report +							
Dates.							
All Demo							

Week 8 Fetal period

Days	8:00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:45	1:45 - 3.00
Monday	Test Anatomy All Faculty	Biochemistry LGIS F-B-011 Explain + Interpret single gene defect i.e. emphysema Dr. Hassan	Embryology /Cardiology LGIS F-A- 027 Early development of CVS Prof. M. Amin	Histology Fibroblast and plasma cells Dr. Yaqub	Break	Physiology LGIS Para synthetic Nervous system Dr. Shaista	PERL LGIS Test Demo	Practical Batch A: Anatomy Histology Batch B: Pathology: Batch C: Biochemistry Batch D: Clinical Skill Lab SDL All Demo
Tuesday	SGIS Batch A: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch B: Physiology F-P-001 Cell organelles. Batch C: Biochemistry: F-B- 002 Cell Membrane Batch D: Anatomy Practical All Demo	Biochemistry LGIS F-B-001 Aminoacids classification, importance, properties Dr. Faheem	PE RL LGI S F- PE RL- 006 Scientific Method Prof. Sadia Shahzad	Histology LGIS Loose and dense connective tissue Dr. Neam		Pathology LGIS Growth curve of bacteria Dr. Iqbal	Physiology LGIS Para synthetic Nervous system Dr. Shaista	Practical Batch B: Anatomy Histology Batch C: Pathology: Batch D: Biochemistry Batch A: Clinical Skill Lab SDL All Demo
Wednesday	SGIS Batch B : Anatomy F-A 002+009 Fractures + Healing + imaging. Batch C: Physiology F-P-001 Cell organelles. Batch D: Biochemistry: : F-B- 002 Cell Membrane Batch A: Anatomy Practical All Demo	Biochemistry LGIS F-B -012 Proteins classification, structural levels with role of chaperons Dr. Faheem	Embryology/Ob gyn LGIS F-A- 035 Umbilical cord, abnormalities, absent cord/ Umbilical Vesicle + Physiological Umbilical Hernia Prof. M. Amin	Physiology LGIS Abnormality of autoimmune System Dr. Usama		Embryology/Obgy n Teratogenous Dr. Amin	Pharmacology LGIS Autonomic Systme Dr. Muneeza	Practical Batch C: Anatomy Histology Batch D: Pathology: Batch A: Biochemistry Batch B: Clinical Skill Lab SDL All Demo

Thursday	SGIS Batch C: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch D: Physiology F-P-001 Cell organelles. Batch A: Biochemistry: F-B- 002 Cell Membrane Batch B: Anatomy Practical All Demo	Pathology LGIS Determinants of bacterial pathogenies Dr. Iqbal	Physiology LGIS Types of Receptors' Dr. Tanzeela	Behavioural Sc	iences LGIS		Physiology LGIS F-P- 007 Types of receptors + functions Dr. Shaista	Biochemistry LGIS F-B-012 Proteins classification, structural levels Dr. Faheem	Practical Batch D: Anatomy Histology Batch A: Pathology: Batch B: Biochemistry Batch C: Clinical Skill Lab SDL All Demo
Friday	8:00- 9:00 SGIS Batch D: Anatomy F-A- 002+009 Fractures + Healing + imaging. Batch A: Physiology F-P-001 Cell organelles. Batch B: Biochemistry: F-B- 002 Cell Membrane Batch C: Anatomy Practical All Demo	9:00-9:40 Embryology/Obgy n Practical F-A-032+033+047 Abnormal fetal growth, fertilization, EDD calculations Prof. M. Amin	9:40- 10:20 Test Biochemistry	10:20-11:00 Expositor y Writing Introduction to citation management tools (e.g., Zotero, Mendeley) for referencing sources in essays.	11:00-11:40 Quran Describe concept of Shirk (2) Ms. Ulfat	11:40-12:20 Break	12:20-01:00 Test Pharmacology, Pathology. Community Medicine, Behavioral Sciences All Faculty	01:00– 1:30 Jumma Prayer	1:30-2:30 Self- Directed Learning

Date Sheet 1st Year MBBS (Session-2024-25) Foundation Module Exam

Monday	8:00- 9:15	9:15 - 10:00		10:45- 11:30	11:30- 12:00	12:00-12:45	12:45-13:30	1:30 - 2:30
		Anatomy		Biochemistry	_	Physiology	Physiology	CSF
	LGIS	LGIS	LGIS	LGIS		LGIS	LGIS	
Tuesday	Theory Paper 9:00 am - 12:00 pm Anatomy 25 MCQs and 5 SEQs							
Wednesday	Theory Paper 9:00 am - 12:00 pm Physiology 25 MCQs and 5 SEQs							
Thursday	Biochemistry 9:00 am - 12:00 pm Theory Paper Biochemistry 25 MCQs and 5 SEQs							
Friday	Theory Paper 9:00 am - 12:00 pm 40 MCQs							
	Pharmacology		Pathology	Community N	Medicine		Behavioral Science	3

Practical Exam Shall be taken in batches during Practical times in relevant departments (------)

• Viva Shall be taken in SGIS Sessions in relevant departments (------)

Timetable 1st Year MBBS (Session-2024-25)

MBBS 1st Professional

Block-1

		1	Written Exar	n		Oral/Practical/Clinical Exam				
Theme	Subject	MCQ (1 mark)	SEQ (5 mark each)	Marks	OSPE (8 marks each observed)	OSCE (8 marks each observed)	OSVE (16 marks each observed) 01 01 01 01 01 01 01	Marks		
Normal Structure	Anatomy applied/clinical	20	03	35	03		01	40		
Normal Function	Physiology applied/clinical	22	02	32	02	8	01	32		
Normal Punction	Biochemistry applied/clinical	22	02	32	02	•	01	32		
Disease Burden & Prevention	Community Medicine & Public Health	05	-	05	-			-		
	Behavioral Sciences	05	•	05	•		ł			
Pathophysiology &	Pathology	06	•	06	÷	8		-		
pharmacotherapeutics	Pharmacology	05	•	05		-	-			
CFRC	CF-1-2					01	•	08		
PERLs	PERLs-1-2	540		-		01	3	08		
Total		85	7x5=35	120	07 stations x 08 = 56	02 stations x 08 = 16	03 stations x 16=48	120		



HEMATOPOIETIC & LYMPHATIC

MODULE NO. 02

MODULE RATIONALE

"Blood is Life". Unlike any other organ, components of blood and immunity reflect/reveal disease processes in other organs as well. Therefore, studying blood is like opening a book to all aspects of medicine. Hence, this module has been designed to enable students to have a basic understanding about the normal structure, function and biochemistry of blood, immune and Lymphatic systems. Not only that, but students would also learn, when normal physiology and composition of blood and immune system is disturbed, what disorders result in our community. Emphasis has been given to incorporate deranged laboratory findings into the

clinical problem solving.

MODULE OUTCOMES

- Explain the function of all the organs / structures involved in this system and the mechanisms controlling them. (Spleen, lymph nodes, thymus, bone marrow, RBC's, WBCs and platelets
- Explain the etiology and pathogenesis of common blood & lymphatic diseases, particularly those of importance in Pakistan.
- Explain the rationale for the use of common therapeutic agents for the diseases related to Blood and immunity.
- Describe the role of immunity in the body
- Discuss the working & uses of laboratory instruments in diagnostic lab visit
- Relate red cell indices with health and disease
- Recognize ABO/RH blood grouping system
- Describe the role of Reticuloendothelial system in the body
- Describe the events of hemostasis
- Extrapolate the biochemical aspects of plasma proteins
- Discuss the pharmacological treatment of iron deficiency anemia
- Discuss Blood composition and function
- Discuss the role of liver in hemolytic anemia
- Practice history taking of a patient presented with blood disorders

THEMES

- Red blood cell
- Platelets
- White blood cell

CLINICAL RELEVANCE

- Aplastic anemia
- Hemolytic anemia
- Blood loss anemia
- Nutritional anemia
- Polycythemia
- Hemoglobinopathies
- Jaundice
- Acute and chronic lymphocytic and myelogenous Leukemia
- Allergy (Type I. Type II & Type III)

SYLLABUSOF HEMATOPOIETIC & LYMPHATIC MODULE

	NORMAL STRUCT						
	THEORY						
CODE	GROSS ANATOMY	ТОТ. НОЦ	AL RS = 02	Teaching strategy	Assessment strategy		
	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	ΤΟΡΙϹ				
	Identify and describe the componentsof the			SGD	MCQ'S SEQ'S		
	Hematopoietic & Lymphoid Tissue and their function			SGD	OSPE		
	Location, coverings, relations of Spleen						
HL-A-001	Origin, course branches and distribution of Splenic artery	Human	Hemato	SGD	MCQ'S SEQ'S OSVE		
NL-A-001	Venous drainage of Spleen, Portal vein formation, tributaries, and area of drainage.	Anatomy	poietic & Lymphoi d Tissue	SGD	MCQ'S SEQ'S OSPE OSVE		
	Location and relations of Thymus. related changes in Thymus			SGD	MCQ'S SEQ'S OSPE OSVE		
CODE	EMBRYOLOGY & POST-NATALDEVELOPMENT	ΤΟΤΑ	L HOURS =01	S = 01 Teaching Assessr strategy strateg			
	SPECIFIC LEARNING OUTCOMES	DISCIPLINE	ΤΟΡΙϹ				
HL-A-002	Intrauterine Development of spleen	Embryolo gy	Develop mental Anatom y of Spleen	Interactive lecture	MCQ'S SEQ'S OSVE		
	PRACTIC	AL					
CODE	HISTOLOGY	TOT. HOU	AL RS = 02	Teaching strategy	Assessment strategy		
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ				
HL-A-003	Light microscopic structure of Spleen, thymus, Lymph nodes, tonsils and Mucosa Associated Lymphoid Tissue (MALT) including appendix.	Histolog Y	Histologi cal features of lymph node, spleen & thymus	Interactive lecture SGD	MCQ'S SEQ'S OSPE		

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NORMAL FUNCTION THEORY					
	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		Poster presentati on in all
HL-P-001	Define, classify and explain anemia on the basis of morphology and cause		Anemia	Lecture SGD TBL	MCQ'S SEQ'S OSVE
	Discuss the effects of anemia on the body	-		SDL	OSPE
HL-P-002	Define polycythemia	-	Polycythem ia	Lecture	MCQ'S SEQ'S
	Explain types of polycythemias			SGD	MCQ'S SEQ'S OSVE
	Discuss the effects of polycythemia on the body			SDL	MCQ'S SEQ'S OSVE
HL-P-003	Define hemostasis		Hemostasis	Lecture	MCQ'S SEQ'S OSVE OSPE
	Describe the mechanisms by which hemostasis is secured	Medical		SGD SDL	MCQ'S SEQ'S
HL-P-004	Discuss the characteristics and functions of platelets	Physiology	Platelets	Lecture SGD	MCQ'S SEQ'S
	Explain the mechanism of formation of platelet plug			SDL	MCQ'S SEQ'S
HL-P-005	Enlist the clotting factors in blood		Coagulation factors	Lecture	MCQ'S SEQ'S OSPE
	Explain the conversion of Prothrombin to Thrombin & formation of Fibrin Fibers			SGD	MCQ'S SEQ'S OSPE
	Explain the Intrinsic & extrinsic clotting pathway.			SDL	MCQ'S SEQ'S OSPE OSVE
	Name & explain the mechanism of anticoagulants used in laboratory.			Lecture	MCQ'S SEQ'S OSPE
	Evaluate factors that arrivant				MCQ'S
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	Explainthe factors that prevent intravascularcoagulation			Lecture	SEQ'S
	Explain the role of Calcium ions in Intrinsic and				MCQ'S
	Extrinsic pathways			Lecture SGD	SEQ'S OSVE
	Enlist the vitamin K dependent clotting factors	-		Lecture	MCQ'S SEQ'S OSVE
	Explain the prothrombin time, International	-		Lecture	MCQ'S SEQ'S
	Normalized Ratio (INR), and its clinical significance.				OSPE TABLE VIVA
	Enlist and explain the conditions that cause excessivebleeding			Lecture	MCQ'S SEQ'S OSPE
HL-P-006	Define thrombocytopenia	Integrated	Coagulation disorders	Lecture	MCQ'S SEQ'S
	Enlist the causes and consequences	with		Lecture	MCQ'S
	ofThrombocytopenia	Medicine			SEQ'S
	Define immunity			Lecture SGD SDL	MCQ'S SEQ'S
	Classify immunity	-		Lecture	MCQ'S SEQ'S
	Explain humoral immunity	-		Lecture SGD	MCQ'S SEQ'S
	Explain Innate immunity.	-		Lecture SGD	MCQ'S SEQ'S
HL-P-007	Elaborate cell mediated immunity.	Medical Physiology	Immunity	Lecture SGD	MCQ'S SEQ'S OSVE
	Describe the structure of antigen and immunoglobulin	-		Lecture SGD	MCQ'S SEQ'S OSVE
	Describe the role of Helper T-cells in cell mediated immunity	-		Lecture	MCQ'S SEQ'S
	Enlist the types of Immunoglobulins along with their	1		Lecture	MCQ'S
	functions				SEQ'S OSVE
	Explain the role of memory cells in enhancing	1		Lecture	MCQ'S
	antibody response (secondary response)				SEQ'S
	Describe the mechanism of action of antibodies			Lecture	MCQ'S SEQ'S OSVE

	SPECIFIC LEARNING OBJECTIVES	DISCIPLINE	ТОРІС			
CODE	MEDICAL BIOCHEMISTRY		TOTAL HOURS = 19		Assessment strategy	
	THEORY					
	suppressing immune system	with Nephrolog Y	o n of tissu es		SEQ'S	
HL-P-012	Explain the process of tissue typing Explain the prevention of Graft Rejection by	Medical Physiology Integrate	Transpla ntati	Lecture	SEQ'S	
	Explain the process of tissue typing	Pathology	Transfusion reactions	Lecture	SEQ'S	
HL-P-011	Discuss the features and complications of mismatchedblood transfusion reaction Describe the Hazards of blood transfusion. Elaborate the Transplantation of Tissues and Organs	Integrate with	Blood mismatch	Lecture Lecture	MCQ'S SEQ'S MCQ'S	
HL-P-010	Discuss the pathophysiology, features and treatment ofABO and RH incompatibility. Enlist the changes that take place in the stored Blood.	Medical Physiology	Blood group Incompati bility	Lecture	MCQ'S SEQ'S OSPE ROLE PLAY	
HL-P-009	Explain features and physiological basis of Anaphylaxis, urticaria and Hay fever.	_			Lecture	MCQ'S SEQ'S
	Explain features and physiological basis of AtopicAllergy	Pediatrics	Immunization	Lecture	MCQ'S SEQ'S	
	Explain features and physiological basis of delayed reaction allergy.	Physiology Integrate with		Lecture	MCQ'S SEQ'S	
	Define passive Immunity	Medic		Lecture	MCQ'S SEQ'S	
	Discuss immunization.		Immunization	Lecture	MCQ'S SEQ'S	
	Discuss the failure of tolerance mechanism			Lecture	MCQ'S SEQ'S	
HL-P-008	Explain the process of clone selection during T cell processing	Medical Physiology		Lecture	MCQ'S SEQ'S	
	Elaborate Immune tolerance		Tolerance	Lecture	MCQ'S SEQ'S	
	Elaborate the complement system.			Lecture	MCQ'S SEQ'S OSVE	

HL-B-001	 Explain the steps of synthesis of hemoglobin and interpretPorphyrias on basis of sign symptoms and data. Discuss the biochemical role and types of hemoglobin 1. Differentiate Hemoglobin and myoglobin 2. Explain oxygen dissociation curve of hemoglobin and myoglobin and factors regulating them 3. Interpret Carbon monoxide (CO) toxicity on the basis of sign and symptoms 4. Explain the role of 2,3 Bisphosphoglycerate (2,3 BPG) in fetal circulation 	Medical Biochemist ry	Hemoglo bin and its types/ RBCs	Lecture	SEQ'S MCQ'S
HL-B-002	 a) Discuss the following types of anemia on the basis of signs and symptoms and laboratory data: 1. Hypochromic microcytic 2. Normochromic microcytic 3. Normochromic normocytic 	Biochemist ry Integrate	Hemoglobi n pathies/ RBCs/ Homeosta sis	InteractiveLect ure	SEQ'S MCQ'S

HL-B-003	 Explain the iron metabolism with mechanism of absorption and factors affecting it. 1. Interpret Iron deficiency anemia on basis of given data and microscopic findings 2. Interpret folic acid and cobalamin in relation to anemias on given dataand microscopic findings 3. Discuss biochemical role of pyridoxine and vitamin C in microcytic anemia 	Biochemistry	Iron Metabolism/ RBCs	Lecture	SEQ'S MCQ'S
HL-B-004	 Discuss the degradation of heme in macrophages of reticuloendothelial system 1. Describe the formation of bile pigments, their types and transport 2. Discuss the fate of bilirubin 		Heme Degradation /RBCs	Interactive Lecture	SEQ'S MCQ'S

HL-B-005		Medical Biochemistry	Hyperbilirubinem ia anemias / RBCs/ Blood Groups	Lecture SGD	SEQ'S MCQ'S	
HL-B-006	Classify and explain the biomedical importance of each class of plasma proteins		Plasma Proteins/ Homeostasis	Lecture	SEQ'S MCQ'S	
HL-B-007	 Explain the structure and biochemical role of immunoglobulins 1. Describe the production, structure and functions of a cells, plasma cells, and antibodies (IgA, IgD, IgE, IgG, and IgM). 2. Discuss the functions of the cytokines(ILs, TNFs, IFs, PDGF, and PAF). Interpret multiple myeloma on basis of given data 		Immunoglobin ulins/ WBCs/ Immunity	Lecture SGD	SEQ'S MCQ'S	
HL-B-008	Explain and interpret pedigree of singlegene defect i.e. sickle cell anemia (Autosomal recessive) and Beta Thalassemia (X linked recessive)		Genetics	Lecture SGD ROLE PLAY	SEQ'S MCQ'S	
	PRAC	TILA	2			
CODE	SPECIFIC LEARNING	TOTAL HOU	JRS = 6+6=12	Teaching strategy	Assessment strategy	
	OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ			
	Interpret the Red Blood Cell Count, Hemoglobin concentration, Hematocrit			Lecture	SEQ'S MCQ'S	
	and RBC Indices by Automated Cell Counter		Bleeding/			
HL-P-013	and RBC Indices by	Medical Physiology	Bleeding/ Clotting time Jaundice &	Lecture	SEQ'S	

HL-B-009	Interpret types of jaundice on the basisof data Perform estimation of bilirubin	Medical Biochemistry	Jaundice & Anemias/ RBCs/ Homeostasis	Demonstr ation+ Performa nce	OSPE
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	PATHOPHYSIOLOGY	AND PHARMACC	OTHERAPEUTICS		
		THEORY			
CODE	SPECIFIC LEARNING	TOTAL HO	URS = 2+5=07	Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		
HL-Ph-001	Describe the oral and parenteral iron preparations including their pharmacokinetics, uses, adverse effects	Pharmacology & Therapeutics	Anemia	Interactive lecture	MCQ'S
	Vitamin B12 preparations, Iron Antidotes			Interactive lecture	MCQ'S
	Should know the terms: Hematopoietic growth factors, their name, mechanism of actions, uses and adverse effects			Interactive lecture	MCQ'S
	Define and classify anemias according to underlying mechanism and Mean Corpuscular Volume/ Mean Corpuscular Hemoglobin (MCV/MCH)			Interactive lecture	MCQ'S
	Discuss the causes and investigationsof iron deficiency anemia and megaloblastic anemia	-		Interactive lecture	MCQ'S
	Classify the benign and malignant disorders of WBCs		Blood Cells, Platelets and Blood	Interactive lecture	MCQ'S
HL-Pa-001	Discuss the causes leading to reactiveleukocytosis	Pathology	Group	Interactive lecture	MCQ'S
	Interpretation of anemias on the basis ofperipheral blood smear and bone marrow findings			Interactive lecture	MCQ'S
	Classify bleeding disorders			Interactive lecture	MCQ'S
	Discuss first line laboratory investigations for bleeding disorders			Interactive lecture	MCQ'S
	Describe the basic concept of blood grouping and			Interactive lecture	MCQ'S
	acute hemolytic transfusion reaction				

	DISE	ASE PREVENTION	AND IMPACT		
		THEORY			
CODE	SPECIFIC LEARNING	TOTAL HOU	JRS = 05	Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		
HL-CM-01	Describe the nutritional aspects of irondeficiency		Anemia	Interactive lecture	MCQ'S
	anemia and psychological aspects ofdiseases	Community			
HL-CM-02	hornodicoscos in Dakistan	Community Medicine and Public Health	communicable diseases	Interactive lecture	MCQ'S
HL-CM-03	Genetic counseling of parents		Genetic disease s	Interactive lecture	MCQ'S
HL-BhS-01	Psychological Counselling of patients and their families		Counselling , information al care	Interactive lecture	MCQ'S
HL-BhS-02	Identify and deal with the various psychosocial aspects of Hematopoietic System disorders (such as Sickle Cell Disease, Hemophilia, and Conditions of the Blood) on Individual, Family and Society.	Personal, Psychosocial and		Interactive lecture	MCQ'S
		AGING			
		THEORY			
CODE	SPECIFIC LEARNING	TOTAL HOU	JRS = 01	Teaching strategy	Assessment strategy
	OBJECTIVES	DISCIPLINE	ΤΟΡΙϹ		
HL-Ag-01	Discuss the role of platelets in Platelet-Rich Plasma (PRP) treatment in old age (for skin, hairs and joints)	Biochemistry	Platelet Rich Plasma Therapy	Interactive lecture	MCQ'S
HL-Ag-02	Explain the role of glutathione in skin whitening	/Dermatology	Glutathione	Interactive lecture	MCQ'S



Module Weeks	Recommended Minimum Hours
03	69





Time Table with Assessment Schedules Queens Medical College, Kasur

Timetable 1st Year MBBS (Session-2024-25)

Block-1

Module-2 Hematopoietic & Lymphatic (Theme: Red Cell) Week 1

	Week I								
s 8:0	00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:15	1:15 - 3.00	
				9 am to 12	Combined) 2 pm Venue omy Laboratory Batch C: Biochemistry	y Laboratory			
	8:00 - 10: 00 AM			10: 00 – 12: 00 PM			12: 00 - 2: 00 PM		
	OSVE Batch A: Anatomy OSVE- Foundation Module Batch B: Physiology OSVE- Foundation Module Batch C: Biochemistry OSVE- Foundation Module			OSVE tomy OSVE- Foundation Module ology OSVE- Foundation Module mistry OSVE- Foundation Module		Batch C: Phys	OSVE tomy OSVE- Foundation Mo iology OSVE- Foundation M emistry OSVE- Foundation 1	Iodule	
Bai Bai Bai Ge exa	actical tch A: Anatomy Histology tch B: Physiology: tch C: Biochemistry tch C: Clinical Skill Lab eneral physical examination (Nail amination+ skin color changes) l Demo	Anatomy Dissection HL- A-001 Components of Hematopoietic and Lymphoid Tissue A:Dr.Mohsin B:Dr.Haris C:Dr. Saddam	Physiology LGIS HL-P-001 Anemias- define, classify, morphology+ cause Effect of anemia of Body Dr. Tanzeela	Biochemistry LGIS HL-B-001 Hemoglobin synthesis Oxygen dissociation curve Dr. Hassan	Break	Biochemistry LGIS HL-B-001 Carbon monoxide (CO) toxicity Dr. Anam	Quran Oneness of Allah (SWT) (Tawheed) Impact of Tawheed in human life	Practical Batch C: Anatomy Histo Batch D: Physiology: Batch A: Biochemistry Batch B: Clinical Skill General physical exami examination+ skin colo All Demo	Lab ination (Nail
Bat Bat Bat Ge exa	actical tch B: Anatomy Histology tch C: Physiology: tch D: Biochemistry tch A: Clinical Skill Lab neral physical examination (Nail amination+ skin color changes) l Demo	Com. Medicine LGIS HL-CM-001 Iron Def.Anemia- nutritional and Psychological effects Prof. Sadia	Embryology LGIS HL-A-002 Intrauterine development of Spleen Dr. Shaista	Biochemistry LGIS HL-B-001 2,3 BPG in fetal circulation Dr. Anam	Biochemistry LGIS HL-B-002 Hemoglobinopat hies + biochemical and genetic basis ref to diseases into with Pathology Dr. Iqbal Javaid	Physiology LGIS HL-P-002 Polycythemias-Def + Types - Effect of polycythemia of Body Prof. M Amin	Pathology LGIS HL-Pa- 001 & 002 Anemia- classifiy+ MCV/MCHC Interpret Anemia via peripheral blood smear + BM Dr. Iqbal Javaid	Practical Batch D: Anatomy Histo Batch A: Physiology: Batch B: Biochemistry Batch C: Clinical Skill General physical exami examination+ skin colo All Demo	Lab ination (Nail
8:0	00- 9:00	9:00-9:40	9:40-10:20	10:20-11:00	11:00-11:40	11:40-12:20	12:20-01:00	01:00 1:30	1:30-3:00
P	BL Session	SDL	PERL Identify various components of a given research manuscript using the IMRAD structure	Pak-Study Explain the basis for the creation of Pakistan	Break	Islamyat Explain the Quran as a guide for modern society and scientific development	Quran Oneness of Allah (SWT) (Tawheed) Impact of Tawheed in human life	Jumm a Prayer	Self-Directed Learning

(Theme: Platelet) Week 2

W	ee	k	2	
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Days	8:00- 9:00	9:00 - 9:45	9:45- 10:30	10:30 – 11:15	11:15- 11:45	11:45 - 12:30	12:30-1:15	1:15 - 3.00	
Monday	Test Physiology All Faculty	Pharmacology LGIS HL-Ph-001 Oral Iron preparations Pharmacokinetics, adverse effects + uses Dr. Fozia	Biochemistry LGIS HL-B-003 Iron Metabolism- Role of pyridoxine & vitamin C in microcytic anemia into with medicine	Physiology LGIS HL-P-003 Hemostasis- definition + mechanisms Dr.Usama	Break	Islamyat Explain the Quran as a guide for modern society and scientific development	Pak-Study Explain the basis for the creation of Pakistan	Practical Batch A: Anatomy F A-003 Spleen & thymu Batch B: Physiology CBC interpretation Batch C: Biochemis Batch D: Clinical SI Venipuncture and bl All Demo	s : HL- P-013: try cill Lab
Tuesday	SGIS Batch A: Anatomy - HL-A- 001: Portal Vein Formation Batch B: Physiology HL-P- 005 Clotting pathways Batch C: Biochemistry: F-B-004: Hyperbilirubinemias Batch D: PERLs: Leadership Discuss the role of non-verbal communication, including body language, facial expressions, and gestures, in effectively conveying messages and building rapport in healthcare settings All Demo	PERL PERLs1-04 Discuss the basic structure of a research manuscript using the IMRAD format (Introduction, Methods, Results,	Biochemistry LGIS HL-B-004 Heme degradation Dr. Hassan	Physiology LGIS HL-P-004 Platelets-Chara & Functions + platelet plug formation Dr. Tanzeela		Pathology LGIS HL-Pa-001 Anemia: Causes/Invest for (iron def + megaloblastic)	Behavioural Sciences LGIS HL-BhS-002 Psychosocial aspects of hematopoietic disorders	Practical Batch B: Anatomy F A-003 Spleen & thyma Batch C: Physiology CBC interpretation Batch D: Biochemis B-09 Interpret jaunc Batch A: Clinical SI Venipuncture and bl All Demo	s : HL- P-013: try HL- lice sill Lab
Wednesday	SGIS Batch C: Physiology HL-A- 001: Portal Vein Formation Batch C: Physiology HL-P- 005 Clotting pathways Batch D: Biochemisty: F-B-004: Hyperbilirubinemias Batch:A PERLs: Leadership Discuss the role of non-verbal communication, including body language, facial expressions, and gestures, in effectively conveying messages and building rapport in healthcare settings All Demo	SDL	Biochemistry LGIS HL-B-004 Formation of Bile Pigments, types and Transport Dr. Hassan	Aging Derma/ Biochemistry LGIS HL-Ag-001 Platelet-rich Plasma treatment in old age		Patholaogy LGIS HL-Pa-001 Hematopoietic Growth factors	Physiology LGIS F-P-005 Clotting factors inc, vitamin K dependent + Clotting pathways Dr. Shaista	Practical Batch C: Anatomy F A-003 Spleen & thymu Batch D: Physiology CBC interpretation Batch A: Biochemis B-09 Interpret jaunc Batch B: Clinical SI Venipuncture and bl All Demo	s r: HL- P-013: try HL- lice kill Lab
Thursday	SGIS Batch C: Anatomy HL-A- 001: Portal Vein Formation Batch A: Physiology HL-P- 005 Clotting pathways Batch B Biochemistry: : F-B- 004: Hyperbilirubinemias Batch:B PERLs: Leadership Discuss the role of non-verbal communication, including body language, facial expressions, and gestures, in effectively conveying messages and building rapport in healthcare settings All Demo	Aging Derma/ Biochemistry LGIS HL-Ag-001 Glutathione in skin whitening	Biochemistry LGIS HL-B-004 Fate of Bilirubin Dr. Hassan	Physiology LGIS HL-P-005 Clotting factors _ fibrin formation Role of Ca lons in Clothing Pathways Dr. usama		Histology LGIS HL-A-002 Intrauterine development of Spleen+ Thymus Dr. Naeem Shahzad	Pharmacology LGIS HL-Ph-001 Intravenous Iron preparations Pharmacokinetics, adverse effects + uses	Practical Batch D: Anatomy F A 003 Spleen & thyma Batch A: Physiology CBC interpretation Batch B: Biochemis B-09 Interpret jaunc Batch C: Clinical SI Venipuncture and bl All Demo	s r: HL- P-013: try HL- lice sill Lab
Friday	8:00- 9:00	9:00-9:40	9:40- 10:20	10:20-11:00	11:00- 11:40	11:40-12:20	12:20-01:00	01:00 1:30	1:30-2:30
Fri	SGIS Batch D: Anatomy HL-A- 001: Portal Vein Formation Batch A: Physiology HL-P- 005 Clotting pathways Batch B Biochemistry: : F-B-004: Hyperbilirubinemias Batch:C PERLs: Leadership Discuss the role of non-verbal communication, including body language, facial expressions, and gestures, in effectively conveying messages and building rapport in healthcare settings All Demo	Histology LGIS HL-A-002 Intrauterine development of Lymph nodes. Tonsils Dr. Naeem Shahzad	Quran Prophethood (Risalat) i. Explain Significance of Risalat	Biochemistry LGIS HL-B-005 Hyperbilirubinemias Genetic basis of Jaundice Dr. Gule- Rana	Break	Pathology LGIS HL-Pa-003 WBC disorders + causes of reactive Leukocytosis Dr. Ahmad Latif	Physiology LGIS HL-P-006 Thrombocytopenia- PT, INR, and Clinical Sig Dr. Tanzeela	Jumma Prayer	Self-Directed Learning

(Theme. White Cell)

	Week 3									
	8:00- 9:00	9:00 - 9:45	9:45-10:30	10:30 - 11:15	11:15-11:45	11:45 - 12:30	12:30-1:15	1:15 - 3.00		
Monday	Test Biochemistry All Faculty	SDL	Biochemistry LGIS HL-B-006 Plasma Proteins Dr. Faheem	Physiology LGIS HL-P-007 Immunity overview- Cell-Mediated Immunity Dr. Shaista		Quran Prophethood (Risalat) i. Explain Significance of Risalat	Com. Medicine LGIS HL-CM-003 Genetic Counselling of parents- in Relation of Autosomal recessive+ X- Linked Dr. Rizwanullah	Practical Batch A: Anatomy F A-003 Lymph node, Batch B: Physiology P-013: Bleeding/Clc Batch C: Biochemis Bilirubin estimation Batch D: Clinical Sk Pallor All Demo	Tonsil, MALT r: HL- tting Ti try HL- B-009	
Tuesday	SGIS Batch A: Anatomy - HLA-A-001: Thymus+ Age related changes Batch B: Physiology HL-P-009 Anaphylaxis, urticaria, Hay fever Batch C: Biochemistry: HL B-007: Multiple myeloma Batch D: Behavioural Sciences HL-BhS-001 Psychological Counseling All Demo	Pathology LGIS HL-Pa-001 Bleeding disorder classification + 1st line investigations Dr. Ahmad Latif	Biochemistry LGIS HL-B-007 Immunoglobulins- structure + Biochemical role Dr. Gule-Rana	Biochemistry LGIS HL-B-007 B cells – production, structure and Functions Dr. Anam		Physiology LGIS HL-P-007 MOA Antibodies+ role of memory cells Dr. Usama	Physiology LGIS HL-P-007 Immunoglobulins	Practical Batch B: Anatomy F HL-A-003 Lymph n MALT Batch C: Physiology P-013: Bleeding/Clc Batch D: Biochemis Bilirubin estimation Batch A: Clinical Sk Pallor All Demo	ode, Tonsil, r: HL- tting Ti try HL- B-009	
Wednesday	SGIS Batch B Anatomy HLA-A-001: Thymus+ Age related changes Batch C: Physiology HL-P-009 Anaphylaxis, urticaria, Hay fever Batch D: Biochemistry HL-B-007: Multiple myeloma Batch A: Behavioural Sciences HL-BhS-001 Psychological Counseling All Demo	Biochemistry LGIS HL-B-007 Plasma cells – production, structure and functions	Physiology LGIS Complement System	Biochemistry LGIS HL-B-007 Antibodies- production, structure and functions		Physiology LGIS HL-P-008 Immune tolerance	SDL	Practical Batch C: Anatomy F HL-A-003 Lymph n MALT Batch D: Physiology P-013: Bleeding/CL Batch A: Biochemis Bilirubin estimation Batch B: Clinical Sk Pallor All Demo	ode, Tonsil, /: HL- tting Ti try HL- B-009	
Thursday	SGIS Batch C: Anatomy HLA-A-001: Thymus+ Age related changes Batch D: Physiology HLP-009 Anaphylaxis, urticaria, Hay fever Batch A Biochemistry: HL-B-007: Multiple myeloma Batch B: Behavioural Sciences HL-BhS-001 Psychological Counseling All Demo	Anatomy LGIS HL-A-001-003 Clinical Aspects Prof. Yasoob	Biochemistry LGIS HL-B-007 Cytokines Dr. Faheem	Biochemistry LGIS HL-B-008 Single gene defect pedigree- Autosomal Recessive Dr. Anam	Break	Physiology LGIS HL-P-008 Allergic Reactions- (delayed)	Physiology LGIS HL-P-008 Allergic Reactions- (atopic) Dr. Shaista	Practical Batch D: Anatomy H 003 Lymph node, Torsäl, Batch A: Physiology P-013: Bleeding/Clc Batch B: Biochemis Bilirubin estimation Batch C: Clinical Sk Pallor All Demo	MALT : HL- tting Ti try HL- B-009	
	8:00- 9:00	9:00-9:40	9:40- 10:20	10:20-11:00	11:00-11:40	11:40-12:20	12:20-01:00	01:00 1:30	1:30-2:30	
Friday	SGIS Batch D: Anatomy HLA-A-001: Thymus+ Age related changes Batch A: Physiology HL-P-009 Anaphylaxis, urticaria, Hay fever Batch B Biochemistry: HL-B-007: Multiple myeloma Batch C: Behavioural Sciences HL-BhS-001 Psychological Counseling All Demo	Biochemistry LGIS HL-B-008 Single gene defect pedigree- X-linked Dr. Anam	Biochemistry LGIS HL-B-001-008 Revision Class Dr. Hassan	PBL Session	Break	Physiology LGIS HL-P-011 Tissue Transplantation+ Rejection Dr. Usama	Physiology LGIS HL-P-010 Blood Transfusion Reactions	Jumma Prayer	Self-Directed Learning	

MBBS 1st Professional

Block-1

		•	Written Exam	n	Oral/Practical/Clinical Exam			
Theme	Subject	MCQ (1 mark)	SEQ (5 mark each)	Marks	OSPE (8 marks each observed)	OSCE (8 marks each observed)	OSVE (16 marks each observed)	Marks
Normal Structure	Anatomy applied/clinical	20	03	35	03	-	01	40
Normal Function	Physiology applied/clinical	22	02	32	02	•	01	32
Normal Punction	Biochemistry applied/clinical	22	02	32	02		01	32
Disease Burden & Prevention	Community Medicine & Public Health	05		05		•	71	÷
	Behavioral Sciences	05	•	05	•	-	-	-
Pathophysiology &	Pathology	06	•	06	•		•	-
pharmacotherapeutics	Pharmacology	05		05		-	•	•
CFRC	CF-1-2			-		01	•	08
PERLs	PERLs-1-2			-	•	01		08
Total	85	7x5=35	120	07 stations x 08 = 56	02 stations x 08 = 16	03 stations x 16=48	120	





FOUNDATION MODULE								
Objectives	Skill	Miller's Pyramid Level Reflected						
Demonstrate steps of hand washing	Hand washing	Shows						
Demonstrate the procedure of taking thepulse	Radial Pulse	Shows						
Record the Respiratory Rate of patient	Respiratory Rate measurement	Shows						
Demonstrate the procedure of taking theBlood Pressure	Blood Pressure	Shows						
Demonstrate the process of wearing thegloves	Donning and Doffing	Shows						

HEMATOPOEITC AND LYMPHATIC MODULE									
Objectives	Skill	Miller's Pyramid Level Reflected							
Detail the steps of drawing blood from a vein.	*Venipuncture and blood collection	Knows how							
Check for pallor in the conjunctiva, tongue, and palm of hands	Pallor	Shows							

These skills are at the 'Knows how' level of the miller's pyramid, meaning thereby that students need not perform them themselves but may develop a perception regarding them by observing performance/working on simulated patients/facilitation with video.



MODULAR INTEGRATED CURRICULUM 2K23

Version 2.0

PERLS PROFESSIONALISM, ETHICS RESEARCH, LEADERSHIP SKILLS



DOMAIN	ATTRIBUTES	COMPETENCIES		
		Demonstrate non-verbal, verbal, written and electronic		
	Communicator	communication skills with peers and teachers		
		Develop an argument		
	Caring &	Demonstrate respect of diversity in gender, age, culture, race,		
	Empathic	religion, disabilities, and sexual orientation for peers		
		Follow the dress code and rules and regulation of the		
		institution		
		Demonstrate punctuality		
Professionalism	Responsible &	Discuss professional code of conduct		
	Accountable	Take responsibility of one's actions and be accountable to		
		oneself		
		Engage in orientation, co-curricular and extracurricular		
		activities		
	Team Player	Work respectfully and effectively with their peers and		
	i can i ayoi	participate in different team roles		
	Self-Aware	Identify personal strengths and areas of improvement		
	Digital Citizen	Keep Personal & Professional data and information safe		
Ethics		Understand cyberbullying, harassing, sexting.		
Ethios		Design a professional digital footprint and use appropriate		
		online etiquette and follow rules for every Internet resource		
_	Evidence			
Research	Based Practitioner	Locate credible scientific data		
	Resilient &	Demonstrate healthy coping mechanisms to respond to stress		
	Adaptable	Demonstrate patience and tolerance		
		Manage time effectively		
Leadership		Identify the gap in own learning		
	Self-directed Learner	Set and track learning and improvement goals		
		Identify and seek help as and when required to achieve the		
		set goals		

BLOCK-1

Code	Domain	Attribute	Specific Learning Outcome	Торіс	Portfolio Entry
PERLs- 1-01	PERLs	PERLs	Describe a Portfolio Describe types of portfolios Identify Portfolio entries Write reflection based on Gibbs reflective cycle	Reflective Writing	Reflective writing on portfolio outline development

							1
			Demonstra				
			non-verbal	l and			
			verbal				
			communic	ation			
			skills. I	Describe			
			principles	of			
			Communic	ation.			
			Discuss	types			
			of Comm	unication			
			at prof	fessional			
			level.				
			Identify	different	Verbal	and	Communication
PERLs-	Professionalism	Communicator	Communic	ation	nonverbal		encounter with a
1-02		communicator	Styles.		Communica	tion	peer or teacher
			Explain	the	Skills		
			importance	e of			
			nonverbal				
			communic	ation.			
			Demonstra	ate active			
			Li	istening.			
			Describe a	assertive			
			Communic	ation			
			techniques	S.			
			Describe				
			to	Effective			

		Communication.		
		Follow the dress		
		code and rules and	Responsibility	Quiz on rules and
PERLs-	Responsible &	regulations of the	towards	regulations of the
1-03	Accountable	institution.	institution and	institution
		Demonstrate	the profession	
		punctuality		

PERLs- 1-04		Team player	Describe characteristics of a team Describe types of teams Discuss stages of team development Identify various team roles Discuss barriers to effective teamwork	Teamwork	Self- evaluation through reflective writing
PERLs- 1-05	Ethics	Digital Citizen	Maintain personal privacy while sharing information Identify cyberbullying, harassing, and sexting Describe cybersecurity laws Discuss digital rights and responsibilities	Digital Identity & footprint	Case discussion of cyberbullying
PERLs- 1-06	Research	Evidence based practitioner	Discuss Science and scientific evidence	Difference between science, philosophy, art and Scientific method	Assignment on application of scientific method to a problem
PERLs- 1-07	Leadership	Self-directed Learner	Identify gaps in learning through reflection	Strategic planning Personal development plans Goal Setting	Written gaps in being a learner with goals





MODULAR INTEGRATED CURRICULUM 2K23

version 2.0

THE HOLY OURAN PAKISTAN STUDIES ISLAMIYAT CIVICS



CURRICULUM

OF

The Holy Quran



1. MODULE RATIONALE

The Holy Quran provides wisdom and knowledge to be followed in every applied component of modern civilization covering Ethical, Social, Legal, Financial and Healthcare Domains. The complete Quran encompasses the guidelines, all full of 'Hikmah' (wisdom) to deal with all practical scenarios encountering patients and health professionals. As the Holy Quran is the guiding light for humanity and a way of life for all the believers of one true Allah, therefore, understanding the message of this Holy Book is mandatory for realizing the duties which one has towards other human beings in general and the profession in particular. Holy Quran is a guide for the modern society and scientific development therefore, orbiting around Quranic doctrines and axioms of Hadith, all challenges faced by modern healthcare can be solved. Therefore, this longitudinal curriculum is developed so that all health professionals can get, as enunciated by the Holy Quran itself, "the best of this world as well as the best of the Hereafter".

2. VISION & MISSION

2.1: Vision: Building the personality and character of health professionals in light of teachings of the Holy Quran and Sunnah, to alleviate human sufferings.

2.2: Mission: Teaching Holy Quran and Sunnah to undergraduate students of Health Sciences, building their personality and character, enabling them to apply these principles in patient care and innovative research.

3. CURRICULUM DESIGN AND ORGANIZATION

3.1: Course Aim: The Holy Quran course aims to imbibe Health profession students with professionalism, general and medical, based on Divine teachings. The professionals thus groomed shall be able to correlate religion with healthcare delivery and modern science with an understanding that evidence-based practice itself originated from the system by which the "Hadith" was preserved after centuries.

3.2: Mode of Delivery: The module will be taught in the form of interactive lectures.

3.3: Learning Experience: Classroom environment will be used.

3.4: Attendance: Seventy five percent (75%) attendance is mandatory to be eligible to sit in the professional examination.

3.5: Course Modules for Year 1 and Year 2

The curriculum will be taught under three Major Sections

- Faith
- Worship
- Specific Quranic Commandments

3.6 : Module Credit hours & Contact hours: This will be a three (03) credit hour course where each credit hour will be equivalent to eighteen (18) contact hours distributed over four years.

3.7: Assessment Portfolio

The assessment will be done through student portfolios based on four written assignments and two quizzes per year. The portfolio submission to the Quran teacher will be mandatory for sending admission to the university and sitting in the professional examination. The assignments will be based on the topics discussed during the year. One will be given after first half of the course will be completed for the year and second will be given at the completion of the Quran course.

3.8: Reference Material

- Translations of the Holy Quran approved by the Quran Board
- Six Authentic Books of Hadith

3.9. Module Faculty

At least one full time faculty member (Lecturer or above) will be hired for running the Holy Quran course throughout four years. The qualifications of the faculty member will be certified by the academic council of the college/institution to be declared as the teacher of Holy Quran course.



SYLLABUS OF THE HOLY QUF



Quran: Year-1

SECTION ONE: FAITH (AQAID)

LEARNING OUTCOMES

a. Oneness of Allah (SWT) (Tawheed)

- i. Describe Unity of Allah in being
- ii. Describe Unity of Allah in attributes
- iii. Describe concept of Shirk
- iv. Impact of Tawheed in human life

b. Prophethood (Risalat)

- i. Explain Significance of Risalat
- ii. Identify Prophets as role models
- iii. Recognize finality of Prophethood Prophet Muhammad (PBUH)

c. Belief in Hereafter (Aakhirat)

- i. Appraise continuity of life beyond material world
- ii. Concept of Doomsday and its various stages
- iii. Concept of Day of Judgment and accountability in the Hereafter
- iv. Concept of "Meezan"

d. Divine Revelations (Holy Books)

- i. Explain the divine decree in sending the Holy Books
- ii. Identify the Holy Quran as the only preserved & authenticated divine revelation to date
- iii. Interpret Quran as Furqan

e. Angels

- i. Discuss belief in angels and its significance
- ii. Describe the universal role of angels (their specific duties)
- f. Qadr
 - i. Identify Taqdeer as Knowledge of Allah
 - ii. Explain the concept of Faith in Good and Evil

CONTENTS

- 1. Oneness of Allah subhan wa taala (Tawheed)
- 2. Prophethood (Risalat)

- 3. Belief in Hereafter (Akhirat)
- 4. Devine revelations (Holy Books)

SECTION TWO: WORSHIP (IBADAAT)

LEARNING OUTCOMES

a. Prayer (Namaz)

- i. Recognize the importance of physical purity (Taharah)
- ii. Discuss the philosophy of prayer and its role in purification of soul
- iii. Recognize the importance of prayer in building personal character sense of duty, patience, perseverance, punctuality and self/social discipline
- iv. Spiritual, moral and social impact of prayer in building of righteous community
- v. Role in creating brotherhood, equality and unity in ummah
- vi. Identify the conditions in which relaxation in prayer is allowed e.g. during operation, travelling etc.

b.Obligatory Charity (Zakat)

- i. Identify obligatory importance of Zakat and other items as outlined under the title of 'Infaqfee-sabilillah'
- ii. Categorize the people who can be the beneficiaries of Zakat
- iii. Role of zakat in eradication of greed and love of material world
- iv. Effect of Zakat and sadaqat in circulation of wealth and alleviation of poverty
- v. Explain the essence of zakat and sadaqat in building just communities
- vi. Describe the role of state in collection and disbursement of zakat

c. Fasting (Roza)

- i. Discuss the importance and significance of fasting
- ii. Relate the Holy Quran and the month of Ramadan
- iii. Role of fasting in building personal qualities like self-control, piety and soft corner for the poor and needy persons
- iv. Identify the applications of "Taqwa" through fasting

d. Pilgrimage (Hajj)

- i. Discuss the importance and significance of Hajj
- ii. Identify the conditions in which Hajj becomes an obligation
- iii. Role of manasik-e-Hajj in producing discipline and complete submission
- iv. Recognize the importance of Hajj in uniting the ummah
- v. Sacrifice for Allah subhan wa taala (essence of qurbani)

TOPIC AREAS

- 1. Prayer (Salah/Namaz)
- 2. Obligatory charity (Zakat)
- 3. Fasting (Saum/Roza)
- 4. Pilgrimage (Hajj)

Quran: Year-2

SECTION THREE: SPECIFIC QURANIC COMMANDMENTS

LEARNING OUTCOMES

a. Importance of the protection of Human life

- i. Concept of the sanctity of human life in Quran and Sunnah
- ii. Importance and significance of a single human being even during war
- iii. Concept of punishment in regard to the killing of a human being, voluntarily or involuntarily

b. Jihad

- i. Concept of Jihad and its significance (hikmat)
- ii. Different forms of Jihad and their importance
- iii. Principles and preparation of Jihad
- iv. Devine reward of Jihad

c. Heirship/Inheritence (Virasat)

- i. Heirship and division of wealth in accordance with divine teachings
- ii. Heirs and their shares
- iii. Legal aspect of virasat (Hud-e-Illahi)

d. Amar-bil-maroof-wa-Nahi-anil-munkar

- i. Differentiation between Maroof and Munkar
- ii. Importance and significance (effects of avoiding this principle)
- iii. Necessary conditions of both amar-bil-maroof and nahi-anil-munkar
- iv. The different stages and the necessary prerequisites

e. Hadood-e Illahee and taazeerat

- i. Meaning and various types of hadood-e-Illahee
- ii. Authority for fixation of limit (hudd)
- iii. Criteria and permissible relaxation in fixing the limits
- iv. Difference between 'Hadood', 'Qisas' and 'Tazeerat'. Punishments which are left to the court of law
- v. Benefits for the good of community

f. Justice (Adal-o-insaf)

- i. Justice of Allah subhan wa taala
- ii. Importance of justice for the survival of community
- iii. Need of justice to be prevailed irrespective of religion
- iv. Devine reward for fair justice

g. Business (Bay-o-tijarat)

- i. Importance of fair business and its necessary constituents
- ii. Permissible and impermissible conditions of businesses
- iii. Concept of loan in businesses

h. Interest (Riba or Sudi karobar)

- i. Meaning of Riba or interest and its different forms
- ii. Impact of Riba on a society in general
- iii. Devine declaration and its punishment both in this world and Hereafter

i. Nikah-o-talaq

- i. Basic rulings regarding marriage and divorce
- ii. Importance of Nikah and its constituents
- iii. Conditions of Nikah and various forms of prohibited/impermissible nikah
- iv. Misconception of dowry
- v. Talaq and its various forms
- vi. Meaning of Khula and its conditions

CONTENTS

- 1. Importance of the protection of Human life
- 2. Jihad
- 3. Heirship/Inheritence (Virasat)
- 4. Amar-bil-maroof-wa-Nahi-anil-munkar
- 5. Hadood-e Illahee and taazeerat
- 6. Justice (Adal-o-insaf)
- 7. Business (Bay-o-tijarat)

- 8. Interest (Riba or Sudi karobar)
- 9. Nikah-o-talaq



CURRICULUM

OF

Islamiyat & Pakistan Studies



MODULE RATIONALE

This module comprises of Islamiyat & Pakistan Studies. All the medical or other curricula relate to our core context and internal fiber. The study of religion and country endorses all relevancy and competency acquisition for the purpose of service to humanity and community orientation.

ISLAMIYAT

A short course on Islamic Studies will be completed in First and Second year with an exam at the end of second year.

Course Content:

- 1. Understand the basic principles of Islam.
- 2. Explain the concept of the Islamic state.
- 3. Explain the Quran as a guide for modern society and scientific development.
- 4. Describe the life of the Holy Prophet Peace be upon him as an example to follow.
- 5. Explain ethics in the Islamic prospective.
- 6. Describe the rights of the individual in Islam.
- 7. Describe the rights of women and children in Islam.
- 8. Explain the contribution of Islamic scholars to science and medicine.
- 9. Understand Islam in terms of modern scientific development.
- 10. Explain the concept of Rizk-e-Hilal.
- 11. Explain the concept of Hukook-ul-Ibad.

PAKISTAN STUDIES

A short course on Pakistan Studies will be completed in First and Second year with an exam at the end of second year.

Course Content:

- 1. Describe brief the salient features of the Pakistan movement.
- 2. Explain the basis for the creation of Pakistan.
- 3. Give a brief account of the history of Pakistan.
- 4. Explain the ethnic and cultural distribution of the population of Pakistan.
- 5. Describe the Provinces and resources available in Pakistan.
- 6. Explain current problems faced by Pakistan.

7. Describe the social, economic and health problems of the rural population of Pakistan.

ISLAMIYAT AND PAKISTAN STUDIES BOOKS

- Standard Islamiyat (Compulsory) for B.A, B.Sc., M.A, M.Sc., MBBS by Prof. M.Sharif Islahi Ilmi Islamiyat (Compulsory) for B.A. B.Sc., & equivalent.
- Pakistan studies (Compulsory) for B.A. B.Sc., B.Com., Medical/Engineering by Prof. Shah Jahan Kahlun
- Pakistan studies (Compulsory) for B.A, B.Sc., B.Com., B.Ed., Medical/Engineering by Prof. Shah Jahan Kahlun


CURRICULUM

OF

Civics



MBBS YEAR 1 CURRICULUM

1. MODULE RATIONALE

Civics is part and parcel of life and the study of Civics has major thrust on improvement of the quality of life and welfare of human beings. This discipline enhances the approach towards rational behavior and daily life.

There is a need for us to know role of a citizen with specific reference to Global Village, the Citizen and Daily life issues, Citizenship, Rights and Responsibility, Role of Government

and State, Implementation

Issues of Devolution plan, Social Welfare Institutions/ NGOs and their role at basic level, social interactions and the new discoveries in IT and mass media, relations with International Organizations and Pakistan and its neighbors. Civics goes beyond the cognitive level to deal with social values and attitudes. From the earliest stages of the course, it is important to respect students' opinions while helping them to develop a rationale for their opinions. This curriculum is adapted from Agha Khan University Examination Board

curriculum for higher secondary examination.

2. VISION & MISSION

2.1: Vision: Building the personality and character of health professionals

2.2 : Mission: Teaching Civics to undergraduate students of Health Sciences, building their personality and character, enabling them to apply these principles in patient care.

3. CURRICULUM DESIGN AND ORGANIZATION

3.1 : Course Aim:

- To develop understanding of the social nature and significance of civics, its key concepts and civic life.
- To emphasize learning of related themes in a way that encourages creativity, curiosity, observation, exploration and questioning.
- To create awareness of the nature of civic life and the relationship between civics and other social sciences.
- To promote understanding about the ideology of Pakistan and the struggle of an independent state.
- To inculcate the behavior patterns of national character, and qualities of a good citizen,
- self-reliance, patriotism and leadership.
- To create a strong sense of national unity, integration and cohesion.
- To prepare students as future citizens, conscious of their positive role in a society and the world at large.

3.2: Mode of Delivery: The module will be taught in the form of interactive lectures.

3.3: Learning Experience: Classroom environment will be used.

3.4: Attendance: Seventy-five percent (75%) attendance is mandatory to be eligible to sit in the professional examination.

3.5 : Assessment: The assessment will be done through two written assignments and two quizzes per year. The assignments will be based on the topics discussed during the year. One will be given after first half of the course will be completed for the year and second will be given at the completion of the course.

3.7: Module Faculty: At least one full time faculty member (Lecturer or above) will be hired to run the civics course throughout four years. The qualifications of the faculty member will be certified by the academic council of the college/institution to be declared as the teacher of civics.



SYLLABUS OF CIVICS



	LEARNING OUTCOMES	TOPICS
i.	Define civics	
ii.	Describe how civics can improve the citizenship	Civics-Meaning &
iii.	Illustrate the scope of civics	Nature
iv.	Discuss the nature of civics	Nature
٧.	Give examples how civics can help in the national development	
i.	Examine the significance of civics	
ii.	Explain how civics is important to know the problems of daily life	
iii.	Discuss how civics can help to bring improvements in the civics life of	
	citizens	Significance and
iv.	Evaluate how civics can improve the sense of love and respect for human	Utility
	relationship	
v.	Discuss that studying civics can develop a sense of gratitude	
vi.	Give examples how civics is important to develop the global unity	
i.	Compare civics with political science, history, economics,	Relationship with
	sociology and ethics	Social Sciences
i.	Describe the term harmonic relationship	
ii.	Explain the harmonic relationship among different members of	Harmonic
	society. (Women, children and senior citizens)	Relationship
iii.	Explain how harmonic relationship develop for respect of religion	
i.	Define the term individual in relation to civics	
ii.	Define the term state	Individual and
iii.	Explain the relation between an individual and a state	
iv.	Describe the importance of an individual in a state	state
v.	Enlist the responsibilities of an individual in a state	
i.	Identify the basic unit of social institution Discuss and characterize the	
	different types of family	Forsilia
ii.	Give the importance of basic unit of social institution in the	Family
	development of a state Enlist the responsibilities of family in	

	general	
iii.	Analyze your role for the betterment of the family Compare and contrast	
	the impact of the deterioration of family in the western society and give	
	examples	
i.	Define community	
ii.	Explain the nature and significance of community	
iii.	Discuss the role of a family in community	Community
iv.	Analyze the role of an individual for the betterment of the community	
i.	Define society	
ii.	Elaborate the relation between an individual and society and	
	society and state	Society
iii.	Analyze the role of an individual for the betterment of society	
i.	Define the term nation, nationality and ummah differentiate between	
	nation and nationality distinguish between nation and ummah analyze the	
	value, behavior and the pattern of society based on religions	Nation, Nationality
ii.	Evaluate the characteristics of society developed by religions	
i.	Trace the origin of state with reference to the theories of Divine	
	Origin, Force and Social	
ii.	Contract (Hobbs, Lock, Rousseau)	Origin and
iii.	Describe the elements of a state (sovereignty, population,	elements of State
	territory, Government)	
iv.	Compare and distinguish the role of state, society and government	
i.	Describe the functions of state	
ii.	Describe the factors which are necessary for proper functioning of state	Functions of state
iii.	Analyze the situation when a state does not function properly	(Defense, law and
iv.	Describe the characteristics of a welfare state Analyze how a welfare state	order, welfare etc
	guarantees the equity and justice on the issues of gender, religion, and	order, wenare etc
	social classes	

Instructional Strategies

The following instructional strategies are being used in this module:

- 1. Interactive lectures
- 2. Case-based discussion.
- 3. Problem-Based Learning
- 4. Team-Based Learning
- 5. Small group discussions
- 6. Demonstrations
- 7. Dissection
- 8. Practical

Assessment

The following Assessment strategies are being used in this n module:

- 1. Weekly written tests
- 2. Tutorials / Small group discussions
- 3. Substages/ Stages
- 4. End of Module Exam

Queens Medical College

Counselling

PSYCHOSOCIAL COUNSELLING:

Assigned Mentor

HOD - Department of Behavioural Sciences

CAREER GUIDANCE:

Dr. Syed Hasan Shoaib Department of Medical Education

Dr. Sadaf Sajid Department of Forensic Medicine



List of Resources





Anatomy

- Snell's Clinical Anatomy 10th ed.
- Langman's Medical Embryology 12th ed
- Medical Histology by Laiq Hussain Siddiqui 8th ed.
- General Anatomy by Laiq Hussain Siddiqui 6th ed.

Physiology

- Guyton AC and Hall JE. Textbook of Medical Physiology. W. B. Sunders & Co., Philadelphia 14th Edition.
- Essentials of Medical Physiology by Mushtaq Ahmed

Biochemistry

- Harpers illustrated Biochemistry 32nd edition. Rodwell.V.W MCGrawHill publishers.
- Lippincott illustrated Review 8th edition Kluwer.W.
- Essentials of Medical Biochemistry vol 1&2 by Mushtaq Ahmed.

Pathology

- Vinary Kumar, Abul K. Abbas and Nelson Fausto Robbins and Cotran, Pathologic basis of disease. WB Saunders.
- Richard Mitchall, Vinary Kumar, Abul K. Abbas and Nelson Fausto Robbins and
- Cotran, Pocket Companion to Pathologic basis of diseases. Saunder Harcourt.
- Walter and Israel. General Pathology.
- Churchill Livingstone.

Medicine

• Davidson's Principles and Practice of Medicine

Pharmacology

- Basic and Clinical Pharmacology by Katzung, McGraw-Hill.
- Pharmacology by Champe and Harvey, Lippincott Williams & Wilkins

Behavioural Sciences

• Handbook of Behavioural Sciences by Prof. Mowadat H.Rana, 3rd Edition

• Medical and Psychosocial aspects of chronic illness and disability SIXTH EDITION by Donna R.Falvo, PhD Beverely E.Holland, PhD, RN

Community medicine

- Parks Textbook of Preventive and Social Medicine. K. Park (Editor)
- Public Health and Community Medicine
- Ilyas, Ansari (Editors)

Surgery

• Bailey and Love's short practice of surgery

Islamiyat

- Standard Islamiyat (compulsory) for B.A, BSc, MA, MSc, MBBS by Prof M Sharif Islahi.
- Ilmi Islamiyat(compulsory) for BA, BSc & equivalent.







Statutes

- The First Professional MBBS Examination shall be held at the end of the first year MBBS, whereas, the Second Professional MBBS Examination shall be held at the end of the second year.
- 2. Every candidate shall be required to study contents of Anatomy (including Histology), Physiology, Biochemistry, Behavioural Sciences, Community Medicine & Public Health, Pathology, Pharmacology & Therapeutics, Islamic Studies/ Civics and Pakistan Studies, Clinical skills and Professionalism, Ethics, Research and Leadership. The teaching and assessment shall be done in three modular blocks.
- 3. There will be three papers in the first professional examination, and four papers in the second professional examination:

First Professional Exam:

- a. Paper 1 will be based on contents of Block 1;
- b. Paper 2 will be based on contents of Block 2;
- c. Paper 3 will be based on contents of Block 3;

Second Professional Exam:

- a. Paper 1 will be based on contents of Block 4;
- b. Paper 2 will be based on contents of Block 5;
- c. Paper 3 will be based on contents of Block 6;
- d. Paper 4 will be based on contents of Islamic studies/Civics and Pakistan Studies
- Each paper will comprise of two components 'Written' and 'Oral/Practical/Clinical' examinations.
- 5. The Written and 'Oral/Practical/Clinical' examination in each paper will carry 150 marks each, making the total marks of 300 for each of the papers 1,2, and 3 (inclusive of Internal Assessment).
- **6.** Total marks for the First and Second Professional Examinations shall be 900, each. Marks of Islamic Studies/Civics and Pakistan Studies shall not be counted towards total marks of any professional examination, and determination of position or merit of a candidate. However, the candidates shall have to take the examination in the subject in their Second Professional MBBS Examination. Those failing the subject in both annual & supplementary examinations, while passing all the other subjects of Second Professional Examination shall be promoted to the 3rd year MBBS, however they will be allowed two more attempts to clear the subject with Second professional Examination of the next session, failing which they shall be detained in the 3rd Professional MBBS.
- 7. Major content areas of the first two professional years shall be from:
 - Anatomy including applied/clinical Anatomy;
 - b. Physiology including applied/clinical Physiology;
 - c. Biochemistry including applied/clinical Biochemistry.
- 8. The Applied/Clinical content for the Anatomy, Physiology and Biochemistry shall be based on

clinical correlations.

 Integrated clinical content areas of the both years include Behavioral Sciences, Community Medicine & Public Health, Pathology, Pharmacology & Therapeutics, Clinical Foundation- I & II and PERLs- I & II.

10.Written Examination

- a. The written component of Papers 1, 2, and 3 will consist of 'One-best-type' Multiple Choice Questions (MCQ)and Structured Essay Questions (SEQ) in a ratio of 70:30 %.
- Each MCQ will have five options (one best response and four distractors) and will carry one (01) mark.
- c. There will be no negative marking.
- d. There will be no sections within an SEQ, and it will be a structured question with five (05) marks each.
- e. SEQ's will only be based on the major content areas of the year.
- f. There will be total of 85 MCQs and 07 SEQs in every written paper in Papers1,2, and 3.
- g. The duration of each written paper will be 180 minutes (03 hours).
- h. The MCQ section will be of 110 minutes duration and the SEQ section of 70 minutes.

11.Oral/Practical/Clinical Examination

- a. The 'Oral/Practical/Clinical' component of each Papers 1, 2, and 3 will consist of a total of twelve (12) OSPE/OSCE/OSVE stations in each 'Oral/Practical/Clinical' examination.
- b. There will be seven (07) Observed OSPE (Objective Structured Practical Examination) stations from major subject areas. Each OSPE station will have the practical component and an evaluation of the underlying principle relevant to that practical with a component of applied knowledge.
- c. There will be two (02) Observed OSCE (Objective Structured Clinical Examination) stations, based on C-FRC1 and PERLs-1 in each 'Oral/Practical/Clinical' examination.
- d. There will be three (03) Observed interactive OSVE (Objective Structured Viva Examination) from major subject areas. Each OSVE station will have a structured viva, to assess a practical component along with evaluation of the underlying principle relevant to that practical with a component of applied/practical knowledge and related clinical application.
- e. Each OSPE/OSCE station will carry eight (08) marks.
- f. Each OSVE station will carry sixteen (16) marks
- g. The duration of each 'Oral/Practical/Clinical' examination will be 120 minutes (2 hours).
- h. Time for each OSPE. OSCE and OSVE station will be eight (08) minutes.
- 12. Every candidate shall take the examination in the following Blocks (Modules) in First& Second Professional MBBS Examinations: -

Year 1		
A.	Block 1 (Foundation-I + Hematopoietic & Lymphatic) Marks	300
В.	Block 2 (Musculoskeletal & Locomotion-I) Marks	300
C.	Block 3 (Cardiovascular-I+ Respiratory-I) Marks	300
Year 2 I.	Block 4 (Gastrointestinal Tract & Nutrition-I + Renal-I) Marks	300

 II.
 Block 5 (Endocrinology & Reproduction-I + Head & Neck, Special Senses)
 300

 Marks
 III.
 Block 6 (Neurosciences-I + Inflammation)
 300

 Marks
 IV.
 Islamic Studies/ Civics + Pakistan Studies
 100

A. Block 1 (Foundation-I + Hematopoietic and Lymphatic) The examination in Block 1 shall be as follows: -

Marks

- I. One written paper of 120 marks having two parts:
 - i. Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85 marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.
 - Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the timeallotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the Written and 'Oral/Practical/Clinical' Examinations.

B. Block 2 (Musculoskeletal & Locomotion-I)

The examination in Block 2 shall be as follows: -

- I. One written paper of 120 marks having two parts:
 - i. Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85 marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.
 - ii. Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the timeallotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the Written and 'Oral/Practical/Clinical' Examinations.

2 (Musculoskeletal & Locomotion-I)

C. Block 3 (Cardiovascular-I + Respiratory-I)

The examination in Block 3 shall be as follows: -

- I. One written paper of 120 marks having two parts:
 - Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85 marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.
 - ii. Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the timeallotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the Written and 'Oral/Practical/Clinical' Examinations.

D. Block 4 (Gastrointestinal & Nutrition-I + Renal-I)

The examination in Block 2 shall be as follows: -

- I. One written paper of 120 marks having two parts:
 - Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85 marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.
 - ii. Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the timeallotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the Written and 'Oral/Practical/Clinical' Examinations.

E. Block 5 (Endocrinology & Reproduction-I + Head & Neck, Special Senses)

The examination in Block 2 shall be as follows: -

- I. One written paper of 120 marks having two parts:
 - i. Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85 marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.
 - ii. Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the timeallotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the Written and 'Oral/Practical/Clinical' Examinations.

F. Block 6 (Neurosciences-I + Inflammation)

The examination in Block 2 shall be as follows: -

- I. One written paper of 120 marks having two parts:
 - i. Part I shall have eighty-five Multiple Choice Questions (MCQs) of total 85

marks (01 mark for each MCQ) and the time allotted shall be 110 minutes. There will be no negative marking.

- ii. Part II shall have seven Structured Essay Questions (SEQs) of total 35 marks (05 marks for each SEQ) and the timeallotted shall be 70 minutes.
- II. 'Oral/Practical/Clinical' examination shall have 120 marks in total.
- III. The continuous internal assessment through 'Block Examination', conducted by the college of enrollment shall carry 60 marks, i.e., 20% of the total allocated marks (300) for the block. The score will be equally distributed to the Written and 'Oral/Practical/Clinical' Examinations.

G. ISLAMIC STUDIES/CIVICS AND PAKISTAN STUDIES

1.

The examination in Islamic Studies/Civics and Pakistan Studies shall be as follows: -

- One written paper of 100 marks in Islamic Studies/ Civics and Pakistan Studies having two components:
 - Islamic Studies/Civics component having total 60 marks. There will be three (3) Long Essay Questions (LEQs) to be attempted out of five (5), having 20 marks each.
 - ii. Pakistan Studies component having total 40 marks. There will be two (2) Long Essay Questions (LEQs) to be attempted out of four (4), having 20 marks each.

Note: Islamic Studies for Muslims, and Civics for Non-Muslims candidates.

13.The marks distribution in each subject is given in Table 1:

Table 1

YEAR-1									
Subject	Theory Practical				Total				
Block 1 Modules	Part I MCQs (85)	85 Marks	Practical / Clinical	07 OSPE 02 OSCE 03 OSVE	Marks 56 16 48				
(Foundation-I + Hematopoietic and	Part II SEQS (7)	35 Marks	Examination			300			
Lymphatic)	Internal Assessment 10%	30 Marks	Internal Assessment 10% 30 Marks		s				
	Total	Total 150		150					
Block 2 Modules	Part I MCQs (85)	85 Marks	Practical / Clinical	07 OSPE 02 OSCE	Marks 56 16 48	300			
(Musculoskeletal & Locomotion-I)	Part II SEQS (7)	35 Marks	Examination	03 OSVE					
	Internal Assessment 10%	30 Marks	Internal Assessment 10%	30 Marks		500			
and showing	Total	Total 150		150					
Block 3 Modules	Part I MCQs (85)	85 Marks	Practical / Clinical	07 OSPE 02 OSCE	Marks 56 16 48				
(Cardiovascular-I &	Part II SEQS (7)	35 Marks	Examination	03 OSVE					

Table 1

Respiratory-I)	Internal Assessment 10% 30 Marks		Internal Assessment 10%	30 Marks		300	
	Total	Total					
and the second second	and the second				(S:	900	
		YEAR	2-2				
Block 4 Modules	Part I MCQs (85)	85 Marks	Practical / Clinical	07 OSPE 02 OSCE 03 OSVE	Marks 56 16 48	300	
(GIT & Nutrition-I + Renal-I)	Part II SEQS (7)	35 Marks	Examination	03 03 VE	40		
	Internal Assessment 10%	30 Marks	Internal Assessment 10%	30 Marks			
	Total	150	Total	150			
Block 5 Modules	Part I MCQs (85)	85 Marks	Practical / Clinical	07 OSPE 02 OSCE	Marks 56 16 48	300	
(Endocrinology & Reproduction-I +	Part II SEQS (7)	35 Marks	Examination	03 OSVE	40		
Head& Neck, Special Senses)	Internal Assessment 10%	30 Marks	Internal Assessment 10%	30 Marks			
	Total	150	Total	150			
Block 6 Modules	Part I MCQsPart II SEQS	85 Marks 35 Marks	Practical / Clinical Examination	120 Mar	ks		
(Neurosciences-I + Inflammation)	Internal Assessment	30 Marks	Internal Assessment	<u>30 Marks</u>		300	
	Total	150	Total	150)		
	Total Marks						
	Islamic Studies/Civics						
Islamic Studies/		3 LEQs of 20 marks each 60 Marks					
Civics and PakistanStudies	Pakistan Studies 40 Marks 2 LEQs of 20 marks each 40 Marks					100*	
		100					

* Total marks for the First and Second Professional Examinations shall be 900, each. Marks of Islamic Studies/Civics and Pakistan Studies shall not be counted towards total marks of any professional examination, and determination of position or merit of a candidate. However, the candidates shall have to take the examination in the subject in their Second Professional MBBS Examination. Those failing the subject in both annual & supplementary examinations, while passing all the other subjects of Second Professional Examination shall be promoted to the 3rd year MBBS, however they will be allowed two more attempts to clear the subject with Second professional Examination of the next session, failing which they shall be detained in the 3rd Professional MBBS.

- 14. No grace marks shall be allowed in any examination or practical under any guise or name.
- **15.** At least 25% MCQs & 25% SEQs shall be based on applied/clinical/case scenario to assess high order thinking in the papers set for the students of First and second Professional MBBS Examinations.

Regulations

- 1. Professional examination shall be open to any student who: -
 - has been enrolled/registered and completed one academic year preceding the concerned professional examination in a constituent/affiliated College of the University.
 - has his/her name submitted to the Controller of Examinations, for the purpose of examination, by the Principal of the College in which he / sheis enrolled & is eligible as per all prerequisites of the examination.
 - c. has his/her marks of internal assessment in all the Blocks sent to the Controller of Examinations by the Principal of the College along with the admission form.
 - d. produces the following certificates duly verified by the Principal of his / her College:
 - (i) of good character;
 - (ii) of having attended not less than 85% of the full course of lectures delivered and practical conducted in the particular academic session, in each block, as well as in the aggregate;
 - (iii) Certificate of having appeared at the Block Examinations conducted by the college of enrolment with at least 50 % cumulative percentage in aggregate of blocks 1, 2 and 3 for the first year and blocks 4,5 and 6 for the second year;
 - (iv) Candidates falling short of attendance requirement shall not be admitted to the annual examination but may be permitted to appear at the supplementary examination if they make up the deficiency up to the commencement of the next examination by remaining on the rolls of a College as regular student, subject to fulfillment of all other mandatory requirements to appear at the examination.
- 2. The minimum number of marks required to pass the professional examination for each paper shall be fifty percent (50%) in Written and fifty percent (50%) in the 'Oral/Practical/Clinical' examinations and fifty percent (50%) in aggregate, independently and concomitantly, at one and the same time.
- 3. Candidates who secure eighty five percent (85%) or above marks in any of the papers shall be declared to have passed "with distinction" in that Block, subject to having at least 80 % marks in the Written component of that paper, concomitantly. However, no candidate shall be declared to have passed "with distinction" in any paper, who does not pass in all the papers of the Professional Examination as a whole at one and the same time,
- 4. A candidate failing in one or more paper of the annual examination shall be provisionally allowed to join the next professional class till the commencement of supplementary examinations. Under no circumstances, a candidate shall be promoted to the next professional class till he / she has passed all the papers in the preceding Professional MBBS Examination.
- 5. If a student appears in the supplementary examination for the first time as he/she did not

appear in the annual examination because of any reason and fails in any paper in the Supplementary Examination, he/she will be detained in the same class and will not be promoted to the next class.

- 6. Any student who fails to clear the First or Second Professional MBBS Examination in four consecutive attempts, inclusive of both availed as well as un-availed, after becoming eligible for the examination, and has been expelled on that account shall not be eligible for continuation of studies and shall not be eligible for admission as a fresh candidate in either MBBS or BDS. (Ref. UHS Circulars/137-20/2750 dated 23-11-2020).
- 7. The colleges may arrange remedial classes and one re-sit for each block examination, either with the subsequent block examination or before completion of the subsequent block, and before or during preparatory leave in case of the terminal block of the professional year, before issuance of the date sheet for the concerned professional examination, subject to the following conditions:
 - i. At the completion of each block, the principals of the colleges shall submit a detailed report to the university, including cases of students with short attendance, poor performance/absence in the block examination along with the reasons and evidence for the same, proposed schedule for remedial classes and re-sit examination.
 - ii. Competent Authority UHS will have the cause and the submitted evidence evaluated and documented, before permitting the colleges to arrange remedial classes and re-sit examination at the concerned block. No college is allowed to conduct remedial classes or re-sit examination without prior approval of the competent authority.
 - iii. The students can appear in re-sit of a block examination, along with the subsequent block, and before or during preparatory leave for the terminal block of the professional year, once the requirement of 'attendance' is met with. However, conduct of remedial classes shall be permitted only in the cases of students, who shall have attended at least 50 % of total attendance of the concerned block in the first instance.
 - iv. The valid reasons for short attendance in a block or absence from a block examination may include major illness/accident/surgery of the student or death of an immediate relative/being afflicted by a natural calamity or disaster.
- The application for admission of each candidate for examination shall be submitted to the Controller of Examination, through the Principal of the College, in a prescribed format, as per notified schedule, accompanied by the prescribed fee.
- 9. The marks of internal assessment and attendance shall be submitted to Controller of Examinations three times, within two weeks of completion of each block examination.
- 10.At the end of each block, the colleges are required to submit question papers and keys for the block examination, internal assessment marks and attendance record to the Department of Examinations UHS. Further, parent-teacher meetings shall be arranged by the colleges after every block examination to share feedback on the progress of students with their parents. Minutes of parent teacher meetings shall be submitted to the Department of Medical Education UHS.
- 11.It is emphasized that fresh internal assessment or a revision of assessment for supplementary examination shall not be permissible. However, a revised internal assessment for the detained students can be submitted. The internal assessment award in a particular year will not be decreased subsequently detrimental to the detainee

candidate. A proper record of the continuous internal assessment shall be maintained by the concerned department/s in the colleges.

- 12. The candidates shall pay their fee through the Principals of their respective Colleges who shall forward a bank draft / pay order / crossed cheque in favor of Treasurer, University of Health Sciences Lahore, along with their Admission Forms.
- 13.Only one annual and one supplementary of First and Second Professional MBBS Examinations shall be allowed in a particular academic session. In exceptional situations, i.e., national calamities, war or loss of solved answer books in case of accident, special examination may be arranged after having observed due process of law. This will require permission of relevantauthorities, i.e., Syndicate and Board of Governors.

MBBS 1st Professional

Block-1

			Written Exan	า	(Oral/Practical/Clinical Exam			
Theme	Subject	MCQ (1 mark)	SEQ (5 mark each)	Marks	OSPE (8 marks each observed)	OSCE (8 marks each observed)	OSVE (16 marks each observed)	Marks	
Normal Structure	Anatomy applied/clinical	20	03	35	03	-	01	40	
Normal Function	Physiology applied/clinical	22	02	32	02	-	01	32	
	Biochemistry applied/clinical	22	02	32	02	-	01	32	
Disease Burden & Prevention	Community Medicine & Public Health	05	-	05	-	-	-	-	
	Behavioral Sciences	05	-	05	-	-	-	-	
Pathophysiology &	Pathology	06	-	06	-	-	-	-	
pharmacotherapeutics	Pharmacology	05	-	05	-	-	-	-	
CFRC	CF-1-2	-	-	-	-	01	-	08	
PERLs	PERLs-1-2	-	-	-	-	01	-	08	
Total	85	7x5=35	120	07 stations x 08 = 56	02 stations x 08 = 16	03 stations x 16=48	120		